



FP Milk Thistle Vegetable Capsules

The exceptional benefits of Milk Thistle are due to its powerful antioxidant properties, which help to optimize health and well being.* Many scientific studies now underscore the ability of Milk Thistle to help maintain healthy liver function by supporting the structure of the outer cell membrane of liver cells.*

[View the Supplement Facts »](#)

FP Milk Thistle Vegetable Capsules:

LPC	Quantity	Vegetarian	Kosher
033084009711	50	Yes	Yes
033084009728	100	Yes	Yes
033084009735	250	Yes	Yes

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Supplement Facts

Serving Size 1 Capsule

Amount Per Serving

Standardized Milk Thistle Extract (seed) (total flavonoids including silymarin 80 mg (80%))	100 mg*
Milk Thistle Powder (aerial, seed)	350 mg*

*Daily Value not established.

Other Ingredients: Vegetable Cellulose, Vegetable Magnesium Stearate, Water.

SUGGESTED USE: As a dietary supplement for adults, take one (1) vegetable capsule up to three (3) times daily, preferably at

mealtime, or as directed by a healthcare practitioner.

If you are pregnant, nursing, taking any medication or have a medical condition, please consult your healthcare practitioner before taking any dietary supplement.

Formulated for adults.

Keep out of reach of children.