

BODYBUILDING.COM SIGNATURE™

We created our Signature line of products because we believe it shouldn't be a workout to get the highest quality supplements without paying the highest prices. As a trusted fitness brand, we've been delivering top-quality products to aid your fitness journey for over two decades. We don't take shortcuts and we don't make excuses, so you can trust that every Signature supplement is filler-free and formulated with effective doses of research-backed ingredients. Bottom line: We're crushing it so you can go crush your personal goals.

TRANSPARENT DISCLOSURE

Know exactly what and how much of it you're putting in your body. No guessing, no hiding, no excuses.

EFFECTIVE DOSES

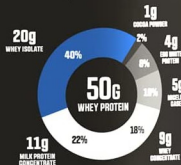
We start with the highest quality ingredients and we use them in the precise amounts to get the most effective results.

TRUSTED INGREDIENTS

Proven in the gym to help achieve goals? Absolutely. Supported and sustained by research? Without a doubt.

DIRECTIONS FOR USE: Add one serving of Signature Mass Gainer to 16 oz. of cold water and shake well until dissolved. Adjust the level of liquid used to modify the flavor and thickness to your preference. If one full serving exceeds the capacity of your shaker bottle, mix 1/2 serving with 8 oz. of cold water and consume two shakes throughout the day. To mix your gainer into a smoothie, combine with water (or beverage of choice) and frozen fruit and mix in a blender until you reach the desired consistency.

NOTICE: Use this product as a food supplement only. Do not use for weight reduction.



50g
PROTEIN

133g
CARBS

11g
BCAAs

810
CALORIES

11
SERVINGS

Net Wt. 5lbs. (2.27kg)

MASS GAINER

HIGH CALORIE GAINER FUELED WITH CLEAN CARB SOURCE,
MODCARB™ + GANEDENBC30® PROBIOTIC FOR DIGESTIVE HEALTH*

CHOCOLATE ICE CREAM

ARTIFICIALLY FLAVORED
GLUTEN AND SOY FREE



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Nutrition Facts

About 11 servings per container

Serving size 3 scoops (211g)

Calories 810

	% Daily Value*
Total Fat 10g	13%
Saturated Fat 2.5g	15%
Trans Fat 0g	
Cholesterol 50mg	17%
Sodium 280mg	12%
Total Carbohydrate 133g	48%
Dietary Fiber 6g	21%
Total Sugars 8g	
Includes Added Sugar 0g	0%
Protein 50g	100%
Vitamin D 0mcg	0%
Calcium 601mg	45%
Iron 2mg	10%
Potassium 389mg	8%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

TYPICAL AMINO ACID PROFILE PER SERVING

Alanine	2265 mg
Arginine	1682 mg
Aspartic Acid	4685 mg
Cystine	817 mg
Glutamic Acid	9330 mg
Glycine	1009 mg
Histidine	1074 mg
Isoleucine	2780 mg
Leucine	5121 mg
Lysine	2352 mg
Methionine	1277 mg
Phenylalanine	1987 mg
Proline	3428 mg
Serine	2743 mg
Threonine	2924 mg
Tryptophan	766 mg
Tyrosine	1870 mg
Valine	3084 mg
Total	51205 mg



ModCarb™ is manufactured under issued
U.S. Patent 6060219, used under license.



GanedenBC™ and Bacillus coagulans
GBI-30, 6086® are registered trademarks
of Kerry Group.

Ingredients: Maltodextrin, Protein Blend (Whey Protein Isolate, Milk Protein Concentrate, Whey Protein Concentrate, Micellar Casein, Egg Whites), Sunflower Creamer (High Oleic Sunflower Oil, Maltodextrin, Sodium Caseinate, Mono- and Diglycerides, Natural Tocopherols [to protect flavor]), Tricalcium Phosphate (flow agent), ModCarb® Processed Organic Grains (Oat Bran, Quinoa, Buckwheat, Millet), Cluster Dextrin, Inulin, Cocoa Processed with Alkali, Coconut-Based Creamer (Coconut Oil, Maltodextrin, Food Starch, Mono- and Diglycerides, Tricalcium Phosphate), Natural and Artificial Flavor, Sunflower Lecithin, Salt, Acesulfame Potassium, Sucralose, GanedenBC30® (Organic Inulin, Bacillus coagulans GBI-30 6086®).

Contains Egg, Milk.

Made in a facility that processes soy, egg and tree nuts.

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*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

WARNING: Consuming this product can expose you to chemicals including lead, which is known to the State of California to cause cancer and birth defects or other reproductive harm. For more information go to www.P65Warnings.ca.gov/food.

Contents may settle. Packed by weight, not by volume.