

• HELPS REDUCE STRESS AND STRESSORS

• SUPPORTS DIGESTIVE HEALTH*

• ONE CAPSULE, MULTIPLE BENEFITS

No artificial colors. Store in a dry place at 73° F (23° C) or below.

Keep out of reach of children. Safety sealed with inner seal. Do not use if seal is broken or missing. Keep tightly closed. Can be stored at room temperature or refrigerated. Avoid excessive heat and direct sunlight. Potency of this product guaranteed until expiration date when bottle is stored under recommended conditions.



HOWARU® is a registered trademark of International Flavors & Fragrances Inc. or its affiliates.



LG12449.02

DLK9149

Sensory® is a registered trademark of Natron, Inc. and is protected under U.S. Patent No. 7,318,930.

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Green Bay, WI 54311 USA

Questions? 1-800-NATURE / fortityprobiotics.com



PRODUCTS ARE NOT INTENDED TO BE USED TO PREVENT, TREAT, OR CURE ANY DISEASE.

Nature's Way
Fortify
DAILY PROBIOTIC

TARGETED CARE

MOOD & STRESS*

PROBIOTICS & ASHWAGANDHA

30 DELAYED-RELEASE CAPSULES

PROBIOTIC SUPPLEMENT

Recommendation: Adults take 1 capsule daily with a meal. **Warning:** Do not use if you are pregnant, if you are nursing, diabetic, or taking any medications, consult a healthcare professional before use.

Supplement Facts

Serving Size: 1 Capsule	
Amount per Serving	% DV
Total Carbohydrate	<1g <1%
Fortify® Digestive & Emotional Health	250mg **
5 Billion CFU Proprietary Probiotic Blend	
Lactobacillus helveticus Rosell®-52ND	
HOWARU® Bifidobacterium lactis HN019™	
Bifidobacterium longum Rosell®-175	
Ashwagandha (Sensor® brand) root and leaf extract	250 mg **
*Percent Daily Values (DV) are based on a 2,000 calorie diet. **Daily Value not established.	
Other ingredients: potato starch, cellulose, plant-derived capsule (hydroxypropyl methylcellulose, gelatin gum), magnesium stearate, silica	
Contains milk and soy.	



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POWERFUL FORMULA FOR DAILY MOOD AND STRESS SUPPORT*

Fortify® Mood & Stress* was formulated with clinically researched probiotic strains and 250 mg of Ashwagandha to support your emotional health by decreasing stress and normalizing the body's response to modern stressors.*

EMOTIONAL WELL-BEING*

Find your Zen with the specially formulated probiotic that includes clinically researched *Lactobacillus helveticus* and *Bifidobacterium longum* strains in the amount shown to promote emotional well-being and help support the body's physical and emotional response to stress.*

STRESS LESS WITH ASHWAGANDHA*

Used traditionally to help balance the body's response to stressors, Ashwagandha has been shown to promote relaxation and support a positive mood.*

HEALTHY DIGESTIVE BALANCE*

The Fortify Mood & Stress* formula contains clinically researched HOWARU® *Bifidobacterium lactis* HN019™ in the amount shown to support digestive health, giving you a great foundation for your busy day.*



No Refrigeration Required
Potency of live cultures measured in Colony Forming Units (CFU).

*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD & DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

5 BILLION ACTIVE CULTURES, GUARANTEED!

Innovative new bottle technology helps ensure this product will deliver 5 Billion live probiotic cultures until the date of expiration without refrigeration to help support emotional and digestive health.*

TARGETED DELIVERY

Each capsule is resistant to the harmful effects of stomach acid and distributes live cultures to the proper area of the small intestine and colon, right where they're needed most!



DNA AUTHENTICATED PROBIOTIC STRAINS



RESEARCHED PROBIOTIC STRAINS



NO ARTIFICIAL COLORS



GLUTEN FREE

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EMOTIONAL WELL-BEING*



DIGESTIVE BALANCE*

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PROBIOTIC SUPPLEMENT



GLUTEN FREE



NON-GMO PROJECT VERIFIED

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Based on an IMA Probiotic survey of Primary Care Physicians. HOWARU® B. lactis HN019 is the Doctor preferred probiotic strain for Regularity as compared to other strains in leading Probiotic brands, 52 week sales MULO, ending 11/3/2019; December 2019.

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