

Other ingredients: cellulose, stearic acid, sodium croscarmellose, silica, magnesium stearate, hydropollose, gelatin, glycerin, brown rice.
Recommendation: Women take 1 tablet daily, preferably with food, but not formulated for men or children. Do not exceed recommended dose. **Warning:** Do not take if you are pregnant or nursing, if you have kidney dysfunction, a bleeding disorder or if you are taking Coumadin® (warfarin) or any other medication, consult a healthcare professional before use.

FREE FROM GLUTEN AND ARTIFICIAL COLORS

Warning: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. **Keep this product out of reach of children.** In case of accidental overdose, call a doctor or poison control center immediately.

Keep out of reach of children. Do not use if safety seal under child-resistant cap is broken or missing. Keep tightly closed. Store at room temperature. Avoid excessive heat and direct sunlight.

Energizer® is a registered trademark of Margat Limited. U.S. Patent No. 7,947,662.

◆ LG15890.C01 BLK851C

©2021 Nature's Way Brands, LLC
 Green Bay, WI 54311 USA / Bottled and tested in the USA
 Questions? 1-800-5NATURE / feelalive.com

ONCE DAILY

High Potency B-Vitamins
 to help convert food to fuel!

Nature's Way

Alive!

WOMEN'S ULTRA POTENCY COMPLETE MULTIVITAMIN

Energizer® with Food-Based Blends & Orchard Fruits®/Garden Veggies®
 Powder Blend (60 mg per serving)

30 TABLETS • MULTIVITAMIN SUPPLEMENT

ONCE DAILY

High Potency B-Vitamins
 to help convert food to fuel!

Nature's Way

Supplement Facts

Amount per Serving	% DV
Serving Size 1 Tablet	
Total Carbohydrate	<1 g <1%
Vitamin A (as 50% (675 mcg) beta carotene, 10% (50% (675 mcg) retinyl acetate)	1,350 mcg 150%
Vitamin C (ascorbic acid)	180 mg 200%
Vitamin D3 (as cholecalciferol)	50 mcg 250%
Vitamin E (as d-alpha tocopheryl succinate)	50 mcg 333%
Vitamin K (as phytylmethylquinone)	150 mcg 125%
Thiamin (as thiamine mononitrate)	20 mg 1,667%
Riboflavin	20 mg 1,538%
Niacin (as niacinamide)	40 mg 250%
Vitamin B6 (as pyridoxine HCl)	20 mg 1,176%
Folate	800 mcg ore 200%
(837 mcg Duetrol® brand (B5-S-5) Methyltetrahydrofolate glucosamine salt)	
Vitamin B12 (as methylcobalamin)	40 mcg 1,667%
Biotin	33 mcg 110%
Pantothenic Acid (as D-calcium pantothenate)	20 mg 400%
Choline (as choline bitartrate)	11 mg 2%
Calcium from Aquamin® calcified mineral source 130 mg	10%
Iron (as ferrous fumarate)	18 mg 100%
Selenium (as sodium selenate)	200 mcg 364%
Copper (as copper sulfate)	0.9 mg 100%
Manganese (as manganese sulfate)	5.8 mg 252%
Molybdenum (as sodium molybdate)	45 mcg 100%
Crucifer Huls® & Garden Veggies® Powder Blend - 60 mg	
Banberry, Grape, Carrot, Pomegranate, Plum	

Percent Daily Values (DV) are based on a 2,000 calorie diet. *Value may not be established.

ONCE DAILY

High Potency B-Vitamins
 to help convert food to fuel!

Nature's Way

Supplement Facts

Amount per Serving	% DV
Serving Size 1 Tablet	
Total Carbohydrate	<1 g <1%
Vitamin A (as 50% (675 mcg) beta carotene, 50% (675 mcg) retinyl acetate)	1,350 mcg 150%
Vitamin C (ascorbic acid)	180 mg 200%
Vitamin D3 (as cholecalciferol)	50 mcg 250%
Vitamin E (as d-alpha tocopheryl succinate)	50 mcg 333%
Vitamin K (as phytylmethylquinone)	150 mcg 125%
Thiamin (as thiamine mononitrate)	20 mg 1,667%
Riboflavin	20 mg 1,538%
Niacin (as niacinamide)	40 mg 250%
Vitamin B6 (as pyridoxine HCl)	20 mg 1,176%
Folate	800 mcg ore 200%
(837 mcg Duetrol® brand (B5-S-5) Methyltetrahydrofolate glucosamine salt)	
Vitamin B12 (as methylcobalamin)	40 mcg 1,667%
Biotin	33 mcg 110%
Pantothenic Acid (as D-calcium pantothenate)	20 mg 400%
Choline (as choline bitartrate)	11 mg 2%
Calcium from Aquamin® calcified mineral source red algae Lipo® Lignans® (whole plant) and as dicalcium phosphate)	130 mg 10%
Iron (as ferrous fumarate)	18 mg 100%
Selenium (as sodium selenate)	200 mcg 364%
Copper (as copper sulfate)	0.9 mg 100%
Manganese (as manganese sulfate)	5.8 mg 252%
Molybdenum (as sodium molybdate)	45 mcg 100%
Orchard Fruits® & Garden Veggies® Powder Blend	60 mg
Blueberry, Orange, Carrot, Pomegranate, Plum, Strawberry, Apple, Beet, Cherry, Pear, Tomato, Cauliflower, Raspberry, Acai, Asparagus, Banana, Broccoli	

Percent Daily Values (DV) are based on a 2,000 calorie diet. *Value may not be established.

LG8N15890.C01 BLK851C

Amount per Serving **% DV**

Brussels Sprouts, Cabbage, Cranberry, Cucumber, Grape, Pineapple, Pumpkin, Spinach

Cardio Blend: Hawthorn (berry), Japanese Knotweed Extract root, Coenzyme Q10 (Ubiquinone 10)

Citrus Bioflavonoid Complex (from Orange, Grapefruit, Lemon, Lime, Tangerine)

CranRx® Cranberry Fruit Concentrate

Daily Greens® Blend: Spirulina, Kelp, Barley (grass), Blessed Thistle (stem, leaf, flower), Blue-Green Algae (Aphanizomenon flos-aquei), Chlorrella (micro-algae), Chlorella (leaf), Dandelion (aerial parts), Lemon Balm (leaf), Lemongrass (Cymbopogon citratus) (aerial parts), Nettles (Urtica sp.) (leaf), Plantain (leaf), Wheat (grass)

Flax Lignan Fiber Blend: Flax Lignan Fiber (seed), Flax Lignan Extract (seed hull)

Hair Skin & Nails Blend: Horsetail (stem, leaf), MSM (Methylsulfonylmethane), Grape Seed Extract

Mushroom Mycelial & Primordia Biomass Defense Blend Organic Reishi (Ganoderma lucidum) Organic Shiitake (Lentinula edodes), Organic Heritake (Phellinus baumii), Organic Enokitake (Flemingia velutipes), Organic Maitake (Grifola frondosa), Organic Yamabushitake (Hericium erinaceus), Organic Agarikon (Fomitopsis officinalis), Organic Chaga (Inonotus obliquus), Organic Himantoglyph (Agaricus brasiliensis), Organic Kowaridake (Trametes versicolor), Organic Mesima (Phellinus linteus), Organic Zhu Ling (Gylio umbellata)

Inositol

Digestive Enzyme Blend

Betaine HCl, Bromelain, Pepsin

Rutin (from Sophora japonica) (flower bud) Extract

Lutein (from Actis margold Extract) (flower)

Percent Daily Values (DV) are based on a 2,000 calorie diet. *Daily Value not established.

Other ingredients: cellulose, stearic acid, sodium croscarmellose, silica, magnesium stearate, hydropollose, gelatin, glycerin, brown rice

FREE FROM GLUTEN AND ARTIFICIAL COLORS

Keep out of reach of children. Do not use if safety seal under child-resistant cap is broken or missing. Keep tightly closed. Store at room temperature. Avoid excessive heat and direct sunlight.

Warning: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. **Keep this product out of reach of children.** In case of accidental overdose, call a doctor or poison control center immediately.

U.S. Patent No. 7,947,662.

©2021 Nature's Way Brands, LLC. Green Bay, WI 54311 USA
 Bottled and tested in the USA
 Questions? 1-800-5NATURE / feelalive.com

GET THE MOST FROM YOUR MULTI!

Orchard Fruits®/Garden Veggies® Powder Blend

CranRx® Blend

Mushroom Defense Blend

Daily Greens™ Blend

Digestive Enzyme Blend

Flax Lignan Blend

Hair, Skin & Nails Blend

BALANCED FOR WOMEN

With High Potency B-Vitamins including the active form of B-12 and Folate

EYE HEALTH*

Beta Carotene (Vitamin A), Vitamins C, E, Lutein, Zinc

BONE HEALTH*

Calcium, Folate, Magnesium, Manganese, Vitamins D3, K

HEART HEALTH*

B-Vitamins, Vitamins C, E

IMMUNE HEALTH*

Selenium, Zinc, Vitamins A, C, D3

SKIN HEALTH*

Vitamins C, A, E, Zinc

Alive® multivitamins were created to give you the energy support you need to do all that is important to you! Get the most from your multi, with potent vitamins & minerals and our food-based blends, and live every day feeling Alive!

*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD & DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

ONCE DAILY

High Potency B-Vitamins
 to help convert food to fuel!

Nature's Way

Alive!

WOMEN'S ULTRA POTENCY COMPLETE MULTIVITAMIN

Energizer® with Food-Based Blends & Orchard Fruits®/Garden Veggies® Powder Blend
 (60 mg per serving)

30 TABLETS • MULTIVITAMIN SUPPLEMENT

THIS STATEMENT HAS NOT BEEN EVALUATED BY THE FOOD & DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.

Recommendation: Women take 1 tablet daily, preferably with food, not formulated for men or children. Do not exceed recommended dose. **Warning:** Do not take if you are pregnant or nursing, if you have kidney dysfunction, a bleeding disorder, or if you are taking Coumadin® (warfarin) or any other medication, consult a healthcare professional before use.

Supplement Facts

Amount per Serving	% DV
Serving Size 1 Tablet	
Total Carbohydrate	<1 g <1%
Vitamin A (as 50% (675 mcg) beta carotene, 50% (675 mcg) retinyl acetate)	1,350 mcg 150%
Vitamin C (ascorbic acid)	180 mg 200%
Vitamin D3 (as cholecalciferol)	50 mcg 250%
Vitamin E (as d-alpha tocopheryl succinate)	50 mcg 333%
Vitamin K (as phytylmethylquinone)	150 mcg 125%
Thiamin (as thiamine mononitrate)	20 mg 1,667%
Riboflavin	20 mg 1,538%
Niacin (as niacinamide)	40 mg 250%
Vitamin B6 (as pyridoxine HCl)	20 mg 1,176%
Folate	800 mcg ore 200%
(837 mcg Duetrol® brand (B5-S-5) Methyltetrahydrofolate glucosamine salt)	
Vitamin B12 (as methylcobalamin)	40 mcg 1,667%
Biotin	33 mcg 110%
Pantothenic Acid (as D-calcium pantothenate)	20 mg 400%
Choline (as choline bitartrate)	11 mg 2%
Calcium from Aquamin® calcified mineral source red algae Lipo® Lignans® (whole plant) and as dicalcium phosphate)	130 mg 10%
Iron (as ferrous fumarate)	18 mg 100%
Selenium (as sodium selenate)	200 mcg 364%
Copper (as copper sulfate)	0.9 mg 100%
Manganese (as manganese sulfate)	5.8 mg 252%
Molybdenum (as sodium molybdate)	45 mcg 100%
Orchard Fruits® & Garden Veggies® Powder Blend	60 mg
Blueberry, Orange, Carrot, Pomegranate, Plum, Strawberry, Apple, Beet, Cherry, Pear, Tomato, Cauliflower, Raspberry, Acai, Asparagus, Banana, Broccoli	