

TRADER JOE'S®
bellinghamairport

WILD SALMON OIL

DIETARY SUPPLEMENT

1200 MG



160 SOFTGELS

Supplement Facts

Serving Size 1 softgel
Servings Per Container 160

Amount Per Serving	% Daily Value*	
Calories	10	
Calories from Fat	10	
Total Fat	1 g	2%
Wild Salmon Oil	1200 mg	†
Omega 3 Fatty Acids	300 mg	†
EPA (eicosapentaenoic acid)	90 mg	†
DHA (docosahexaenoic acid)	110 mg	†
Vitamin D	50 IU	5%

* Percent Daily Values are based on a 2000 calorie diet.
† Daily Value not established

OTHER INGREDIENTS: Softgel Capsule (Gelatin, Glycerin, Purified Water), Natural Vitamin E (soy), Coconut Oil. **CONTAINS SALMON, SOY & COCONUT.**

Dist. & Sold Exclusively By: Trader Joe's,
800 S. Shamrock, Monrovia, CA 91016

WILD SALMON OIL PRODUCT OF USA -
ENCAPSULATED IN CANADA

SUGGESTED USE: Take one softgel, 1-2 per day or
as directed by a physician.

Omega-3 Fatty Acids are among the so-called "good fats" we should all be getting into our diets. Salmon is rich in Omega-3s. What to do if you're not a fan of salmon? Trader Joe's Salmon Oil supplements provide 1200 mg of Salmon Oil, and 300 mg Omega-3s. So now you can not have your salmon and eat it too. Who knew?

**CONTAINS NO YEAST,
SUGAR, OR STARCH**

160 Day Supply

Getting the "right" amount of the "good" nutrients into your daily diet can be a challenge. Try as you might, you just may find yourself with a little less of this and perhaps a little more of that than you had planned. That's where supplements can play a helpful role. Especially supplements like **Trader Joe's Wild Salmon Oil**.

Our **Wild Salmon Oil** is derived from wild-caught salmon from the pristine, icy-cold waters of Alaska. Each 1200 mg capsule contains nothing but salmon oil—no other oils or fillers—and provides 300 mg of essential fatty acids (known as EFAs). That 300 mg yields 90 mg of EPA and 110 mg of DHA, as well as at least 50 I.U. of naturally occurring vitamin D. Yes, it's a numbers game, and without getting too technical, these are really great numbers.

That dazzling orange color? Completely natural—credit goes to the naturally occurring antioxidant found in the oil, astaxanthin. Our dazzling price of **\$8.99** for a bottle of 160 softgels? Completely natural, too. If you're Trader Joe's, that is. You'll find our **Wild Salmon Oil** in our supplement section.