

TRADER JOE'S®

B-COMPLEX DIETARY SUPPLEMENT

**ONCE DAILY
CONTROLLED
RELEASE**

V g

120 CAPLETS

in the morning with a meal.

CONTAINS NO YEAST OR SUGAR

Store in a cool dry place, away from children.

People with medical concerns should check with their physicians before using this or any dietary supplement.

Trader Joe's cutting-edge Once Daily Controlled Release B-Vitamin Complex is formulated to release steadily, allowing just one dose daily.



Supplement Facts

Serving Size 1 caplet
Servings Per Container 120

Amount Per Serving	% Daily Value*	
Sodium	25 mg	1%
Thiamin (as thiamin mononitrate)	50 mg	3333%
Riboflavin	50 mg	2941%
Niacin (as nicotinic acid)	50 mg	250%
Vitamin B6 (as pyridoxine hydrochloride)	50 mg	2500%
Folate (as folic acid)	400 mcg	100%
Vitamin B12 (as cyanocobalamin)	50 mcg	833%
Biotin	50 mcg	17%
Pantothenic Acid (d-calcium pantothenate)	50 mg	500%
Choline	50 mg	†
PABA	50 mg	†

*Percent Daily Values are based on a 2,000 calorie diet.
†Daily Value not established.

OTHER INGREDIENTS: Hydroxypropyl Methylcellulose, Sodium Carbonate, Microcrystalline Cellulose, Pectin, Silica Dioxide, Stearic Acid, Magnesium Stearate (vegetable source), Calcium Silicate.

Dist. & Sold Exclusively By:
Trader Joe's, 800 S. Shamrock, Merriam, CA 91016