

Other ingredients: cellulose, hydroxypropyl cellulose, stearic acid, sodium croscarmellose, hydroxypropyl starch, magnesium stearate, glycerin, grain, brown rice
Recommendation: Women take 3 tablets daily, preferably with food. Increase fluid intake during use. Do not take if you are pregnant or nursing. If you have kidney dysfunction, a bleeding disorder, or if you are taking Coumadin® (warfarin) or any other medication, consult a healthcare professional before use.

Warning: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. **Keep this product out of reach of children.** In case of accidental overdose, call a doctor or poison control center immediately.

FREE FROM gluten, yeast-derived ingredients and artificial colors.
Keep out of reach of children. Do not use if safety seal under child-resistant cap is broken or missing. Keep tightly closed. Store at room temperature. Avoid excessive heat and direct sunlight.
Asquiman® is a registered trademark of Marigot Limited.

©2021 Nature's Way Brands, LLC
 Green Bay, WI 54311 USA
 Bottled and tested in the USA
 Questions? 1-800-9NATURE / feelalive.com

◆ LG15543.E01 BLK8638E

*This statement has not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

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ULTRA POTENT B-VITAMINS

MAX³ POTENCY

WOMEN'S MULTIVITAMIN

SUPPORTS DAILY ENERGY METABOLISM*

INCLUDING:
 Daily Greens™ & Orchard Fruits™/Garden Veggies™ Powder Blends (600 mg per serving)

90 TABLETS • COMPLETE MULTIVITAMIN SUPPLEMENT

Amount per Serving	% DV	Amount per Serving	% DV
Serving Size 3 Tablets / Servings per Container 30		Iron (as ferrous bisphosphate chelate)	18 mg 100%
Amount per Serving	% DV	Amount per Serving	% DV
Calories 10		Iodine (as potassium iodide)	150 mcg 100%
Total Carbohydrate 2 g	1%	Magnesium (from Aquamin®)	210 mg 50%
Vitamin A (as 70% (1,260 mcg) beta carotene and 2% (540 mcg) retinyl acetate)	1,800 mcg 200%	calcified mineral source (Red Algae Lithothamnion sp. (whole plant))	210 mg 50%
Vitamin B1 (as thiamin mononitrate)	270 mg 300%	Zinc (as zinc gluconate)	11 mg 100%
Vitamin B2 (as riboflavin)	50 mg 250%	Se (as selenomethionine)	200 mcg 364%
Vitamin B3 (as niacinamide)	50 mg 333%	Copper (as copper bisglycinate chelate)	0.9 mg 100%
Vitamin B5 (as D-alpha tocopheryl succinate)	50 mg 100%	Manganese (as manganese bisglycinate chelate)	5.8 mg 252%
Vitamin B6 (as pyridoxine HCl)	150 mcg 125%	Molybdenum (as sodium molybdate)	45 mcg 100%
Vitamin B12 (as cyanocobalamin)	200 mcg 1,667%	Sodium	5 mg <1%
Riboflavin	20 mg 1,538%		
Niacin (as niacinamide)	80 mg 500%	Blue Spirulina™ Blend	400 mg
Vitamin B6 (as pyridoxine HCl)	20 mg 1,176%	Blessed Thistle (stem, leaf, flower), Blue-Green Algae (Aphanizomenon flos-aquae), Chlorella (micro-algae), Citrus Bioflavonoid Complex (from orange, grapefruit, lemon, lime, tangerine)	50 mg 50%
Folate	800 mcg 391,200%	Rutin (from Sophora japonica) (flower bud extract)	25 mg 25%
(837 mcg Quatrefol® brand (837-S)-Methyltetrahydrofolate glucosamine salt)		Lutein (from Actaea mangoli Extract (flower))	500 mcg 50%
Biotin B12 (as methylcobalamin)	90 mcg 3,750%		
Biotin	60 mcg 200%		
Pantothenic Acid (as D-calcium pantothenate)	25 mcg 50%		
Choline (as choline bitartrate)	300 mg 5%		
Calcium (from Aquamin® calcified mineral source Red Algae Lithothamnion sp. (whole plant))	390 mg 30%		

MAX POTENCY 3X DAILY
 multivitamin tablets with food-based blends, such as:

Orchard Fruits™/Garden Veggies™ Powder Blend

Daily Greens™ Blend

Digestive Enzyme Blend

Flax Lignan Blend

Hair, Skin & Nails Blend

Mushroom Defense Blend

BALANCED FOR WOMEN
 With High Potency B-Vitamins including the active form of B-12 and Folate

EYE HEALTH*
 Beta Carotene (Vitamin A), Vitamins C, E, Lutein, Zinc

BONE HEALTH*
 Calcium, Folate, Magnesium, Manganese, Vitamins D3, K

HEART HEALTH*
 B-Vitamins, Vitamins C, E

IMMUNE HEALTH*
 Selenium, Zinc, Vitamins A, C, D3

ENERGY METABOLISM*
 B-Vitamins

SKIN HEALTH*
 Vitamins A, C, E, Zinc

Alive!™ multivitamins were created to give you the energy support you need to do all that is important to you! Get the most from your multi, with potent vitamins & minerals and our food-based blends, and live every day feeling Alive!

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ULTRA POTENT B-VITAMINS

Nature's way

Alive!

MAX³ POTENCY

WOMEN'S MULTIVITAMIN

SUPPORTS DAILY ENERGY METABOLISM*

INCLUDING:
 Daily Greens™ & Orchard Fruits™/Garden Veggies™ Powder Blends (600 mg per serving)

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Recommendation: Women take 3 tablets daily, preferably with food. Increase fluid intake during use. Not formulated for men or children. Do not exceed recommended dose. **Warning:** Do not take if you are pregnant or nursing. If you have kidney dysfunction, a bleeding disorder, or if you are taking Coumadin® (warfarin) or any other medication, consult a healthcare professional before use.

Supplement Facts

Amount per Serving	% DV
Serving Size 3 Tablets / Servings per Container 30	
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Total Carbohydrate 2 g	1%
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Vitamin E (as D-alpha tocopheryl succinate)	50 mg 333%
Vitamin K (as phytylphosphatide)	150 mcg 125%
Thiamin (as thiamin mononitrate)	20 mg 1,667%
Niacin (as niacinamide)	20 mg 1,538%
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Pantothenic Acid (as D-calcium pantothenate)	25 mcg 50%
Choline (as choline bitartrate)	30 mg 5%
Calcium (from Aquamin® calcified mineral source Red Algae Lithothamnion sp. (whole plant))	390 mg 30%
Iron (as ferrous bisphosphate chelate)	18 mg 100%
Iodine (as potassium iodide) and from kelp)	150 mcg 100%
Magnesium (from Aquamin® calcified mineral source Red Algae Lithothamnion sp. (whole plant)) and as magnesium citrate, oxide)	210 mg 50%
Zinc (as zinc gluconate)	11 mg 100%
Selenium (as L-selenomethionine)	200 mcg 364%
Copper (as copper bisglycinate chelate)	0.9 mg 100%
Manganese (as manganese bisglycinate chelate)	5.8 mg 252%
Molybdenum (as sodium molybdate)	45 mcg 100%
Sodium	5 mg <1%

Daily Greens™ Blend: Spirulina, Kelp, Barley (grass), Blessed Thistle (stem, leaf, flower), Blue-Green Algae (Aphanizomenon flos-aquae), Chlorella (micro-algae), Aphanizomenon flos-aquae, Chlorella (micro-algae).