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Recommended Dose: In a glass, add 8 oz (250 mL) of water to 1 level scoop (1 teaspoon) of Myo-Inositol and mix. Take once daily or as recommended by your health professional.

Warning: If you are pregnant or lactating, have any health condition or are taking any medication, consult your health professional before use. **Keep out of the reach of children.** Use only if safety seal is intact. Store in a cool, dry place.

† This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



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Packaged by weight, not volume.
Settling may occur.

vs 177-250U
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GENESTRA
BRANDS®

Myo-Inositol

Dietary Supplement

Supports healthy hormone balance and ovarian function†

NET WEIGHT 250 g (8.8 oz)

Supplement Facts

Serving Size 1 Level Scoop (4 g)

Servings per Container about 62

	Amount Per Serving	% DV
Calories	10	
Total Carbohydrate	4 g	1% ^
Myo-inositol	4 g	*

* Daily value (DV) not established

^ Percent daily values (DV) are based on a 2,000 calorie diet