

Other ingredients: cellulose, stearic acid, sodium croscarmellose, hypromellose, silica, magnesium stearate, glycerin, gelatin, brown rice

Recommendation: Adults take 3 tablets daily, preferably with food. Not formulated for children. Do not exceed recommended dose. **Warning:** Do not take if you are pregnant or nursing. If you have a bleeding disorder, or if you are taking Coumadin® (warfarin) or any other medication, consult a healthcare professional before use.

Warning: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. **Keep this product out of reach of children.** In case of accidental overdose, call a doctor or poison control center immediately.

FREE FROM gluten and artificial colors. **Keep out of reach of children.** Do not use if safety seal under child-resistant cap is broken or missing. Keep tightly closed. Store at room temperature. Avoid excessive heat and direct sunlight. **†**Trademark of its respective company.

◆ LG14927.F01 BLK8005F

Quatrefolic® is a registered trademark of Gnosis S.p.A. U.S. Patent No. 7,947,662. ©2021 Nature's Way Brands, LLC. Green Bay, WI 54311 U.S.A. Bottled and tested in the USA. **Questions?** 1-800-9NATURE / feelalive.com

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90 TABLETS • COMPLETE MULTIVITAMIN SUPPLEMENT

Supplement Facts	Amount per Serving	% DV
Serving Size 3 Tablets Servings per Container 30		
Total Carbohydrate	10 g	2%
Total Fat	2 g	4%
Iron	18 mg	100%
Vitamin B12	60 mcg	3,333%
Vitamin B6	100 mcg	2,000%
Vitamin C	1,800 mg	1,800%
Vitamin E	100 mg	2,000%
Vitamin K	120 mcg	100%
Vitamin D	20 mcg	1,000%
Vitamin A	10,000 IU	2,000%
Vitamin B3	100 mg	2,000%
Vitamin B5	100 mg	2,000%
Vitamin B7	100 mcg	2,000%
Vitamin B9	100 mcg	2,000%
Vitamin B10	100 mcg	2,000%
Vitamin B11	100 mcg	2,000%
Vitamin B12	60 mcg	3,333%
Vitamin B6	100 mcg	2,000%
Vitamin C	1,800 mg	1,800%
Vitamin E	100 mg	2,000%
Vitamin K	120 mcg	100%
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Vitamin A	10,000 IU	2,000%
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Vitamin C	1,800 mg	1,800%
Vitamin E	100 mg	2,000%
Vitamin K	120 mcg	100%
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Vitamin A	10,000 IU	2,000%
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