

Suggested Use: Adults, take 2 softgels with food per day. Swallow whole.

Supplement Facts

Serving Size 2 Softgels
Servings Per Container 30

Amount Per Serving	% DV for Pregnant & Lactating Women	Amount Per Serving	% DV for Pregnant & Lactating Women
Calories	10	Biotin (as D-biotin)	35 mcg 100%
Total Fat	0.5 g 1%	Pantothenic Acid (as calcium-D-pantothenate)	7 mg 100%
Cholesterol	5 mg 2%	Iron (as ferrous bisglycinate chelate)	6.8 mg 25%
Vitamin A (as retinyl palmitate)	650 mcg 50%	Iodine (as potassium iodide)	150 mcg 52%
Vitamin C (as sodium ascorbate)	60 mg 50%	Magnesium (as magnesium oxide)	50 mg 13%
Vitamin D (as cholecalciferol)	20 mcg (800 IU) 133%	Zinc (as zinc citrate)	3 mg 23%
Vitamin E (as d-alpha tocopherol)	19 mg 100%	Omega-3s (from fish oil)	260 mg **
Thiamin (Vitamin B1) (as thiamin hydrochloride)	1.4 mg 100%	DHA (docosahexaenoic acid)	200 mg **
Riboflavin (Vitamin B2)	1.6 mg 100%	EPA (eicosapentaenoic acid)	60 mg **
Niacin (as niacinamide)	18 mg 100%	Ginger Extract (Zingiber officinale, root)	25 mg **
Vitamin B6 (as pyridoxine hydrochloride)	2 mg 100%		
Folate	667 mcg DFE (400 mcg folic acid) 111%		
Vitamin B12 (as cyanocobalamin)	6 mcg 214%		

Other Ingredients: Gelatin, Glycerin, Water, Beeswax, Sunflower Lecithin, Natural Flavors, Titanium Dioxide, Carmine.

Contains: Fish (Tuna, Anchovy, Sardine)

Distributed by: OLLY Public Benefit Corp.,
San Francisco, CA 94111
hello@OLLY.com • 1-844-HEY-OLLY

Processed in a facility with products that may contain soy, egg, peanuts, tree nuts, milk, shellfish and wheat. Take only as directed. Do not exceed suggested use. If you have a medical condition, please seek the advice of

a qualified health care professional before using. Not intended for use in children. Do not use if shrink wrap is torn or missing.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

KEEP OUT OF THE REACH OF CHILDREN.
Store in a cool, dry place.



No Synthetic Flavors or Colors



Gluten Free



Take with Water

OLLY.com



PARTY OF TWO

- **Folic Acid:** Brain development*
- **DHA:** Healthy growth & wellness*
- **Iron:** Blood & oxygen flow*
- **B Complex:** Energy boosting*
- **Gentle on the stomach***

Gentle on Stomach*

ULTRA PRENATAL Folic Acid + DHA

GENTLE MULTIVITAMIN
for wellness, healthy
growth & brain
development*

**60
SOFTGELS**

DIETARY SUPPLEMENT

*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.



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