



E Complex-1:1™ is a pure, unesterified vitamin E formula that features d-alpha tocopherol combined with a mixed tocopherol blend, achieving a one-to-one ratio of alpha to gamma tocopherols. This unique formula is designed to provide the antioxidant benefits that come from consuming a comprehensive family of tocopherols.

This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

DIRECTIONS: Take two softgels daily with a meal or as directed by your healthcare practitioner.

CAUTION: Keep out of the reach of children.

STORAGE: Keep tightly closed in a cool, dry place.

Formulated to Exclude: Wheat, gluten, corn, dairy products, nuts, tree nuts, fish, crustacean shellfish, colors, artificial sweeteners, and preservatives.



Metagenics®

Genetic Potential Through Nutrition

E Complex-1:1™

1:1 Ratio of Alpha and
Gamma Tocopherols

Dietary Supplement

180 SOFTGELS

Supplement Facts

Serving Size 2 Softgels

Servings Per Container 90

	Amount Per Serving	% Daily Value
Vitamin E (d-alpha tocopherol)	400 IU†	1333%
Gamma Tocopherol	270 mg	*
Delta Tocopherol	98 mg	*
Beta Tocopherol	6 mg	*

*Daily Value not established.

Other Ingredients: Gelatin, glycerin, soybean oil, and water.

Developed and Manufactured by:

METAGENICS, INC.

Makers of Professional Quality Supplements

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†400 IU is equivalent to 270 mg of alpha tocopherol. This provides a 1:1 ratio of alpha to gamma tocopherols.