Nature's Way

Alive!

ENERGY 50+

COMPLETE MULTIVITAMIN

ORCHARD FRUITS™ & GARDEN VEGGIES™

Powder Blend (100 mg per serving)

60 TABLETS • MULTIVITAMIN SUPPLEMENT

Recommendation: Adults take 1 tablet daily, preferably with food. Not formulated for children. Do not exceed recommended dose. **Caution:** If you are pregnant, nursing, have a bleeding disorder, are taking Coumadin® (warfarin) or any other medications, consult a healthcare professional before use.

Supplement Facts

Serving Size 1 Tablet

Amount per Serving	% DV
Total Carbohydrate <1 g	<1%†
Vitamin A (as 60% [270 mcg] retinyl acetate, 40% [180 mcg] beta carotene) 450 mcg	50%
Vitamin C (ascorbic acid) 90 mg	100%
Vitamin D3 (as cholecalciferol) 40 mcg	200%
Vitamin E (as dl-alpha tocopheryl acetate) 25 mg	167%
Vitamin K (as phytonadione) 45 mcg	38%
Thiamin (as thiamin mononitrate) 3.6 mg	300%
Riboflavin 3.9 mg	300%
Niacin (as niacinamide) 32 mg	200%
Vitamin B6 (as pyridoxine HCl) 5.1 mg	300%
Folate 400 mcg DFE (240 mcg Folic Acid)	100%
Vitamin B12 (as cyanocobalamin) 40 mcg	1,667%
Biotin 30 mcg	100%
Pantothenic Acid (as D-calcium pantothenate) 5 mg	100%
Calcium (as calcium carbonate) 195 mg	15%
Iodine (as potassium iodide) 150 mcg	100%
Magnesium (as magnesium oxide) 55 mg	13%
Zinc (as zinc oxide) 11 mg	100%
Selenium (as sodium selenate) 55 mcg	100%
Copper (as copper sulfate) 0.9 mg	100%
Manganese (as manganese sulfate) 2.3 mg	100%
Molybdenum (as sodium molybdate) 45 mcg	100%

Amount per Serving	% DV
Orchard Fruits™ & Garden Veggies™ Powder Blend: Blueberry, Orange, Carrot, Pomegranate, Plum, Strawberry, Apple, Beet, Cherry, Pear, Tomato, Cauliflower, Raspberry, Açai, Asparagus, Banana, Broccoli, Brussels Sprout, Cabbage, Cranberry, Cucumber, Grape, Pea, Pineapple, Pumpkin, Spinach 100 mg	**
Resveratrol (from Japanese Knotweed Extract) (root) 900 mcg	**
Lycopene (from tomato Extract) (fruit) 300 mcg	**
Lutein (from Aztec marigold Extract) (flower) 250 mg	**
Boron (as sodium borate) 150 mcg	**

†Percent Daily Values (DV) are based on a 2,000 calorie diet. **Daily Value not established.

Other ingredients: cellulose, magnesium stearate, sodium croscarmellose, silica, hypromellose, polydextrose, titanium dioxide color, riboflavin color, gelatin, medium chain triglycerides

Keep out of reach of children. Do not use if safety seal under child-resistant cap is broken or missing. Keep tightly closed. Store at room temperature. Avoid excessive heat and direct sunlight.

†Trademark of its respective company.

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Green Bay, WI 54311 USA / Bottled and tested in the USA

Questions? 1-800-SNATURE / fivealive.com

*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD & DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

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Nature's Way

Alive!®

ONCE DAILY

ENERGY 50+

COMPLETE MULTIVITAMIN

MULTIVITAMIN SUPPLEMENT

60 TABLETS

GET THE MOST FROM YOUR MULTI!

- **EYE HEALTH*** — Beta Carotene (Vitamin A), Vitamins C, E, Lutein, Zinc
- **BONE HEALTH*** — Calcium, Folate, Magnesium, Manganese, Vitamins D3, K
- **HEART HEALTH*** — B-Vitamins, Vitamins C, E
- **IMMUNE HEALTH*** — Selenium, Zinc, Vitamins A, C, D3
- **CELLULAR ENERGY*** — B-Vitamins, Magnesium, Biotin
- **SKIN HEALTH*** — Vitamins A, C, E, Zinc

FREE FROM GLUTEN, SOY, YEAST-DERIVED INGREDIENTS, WHEAT, DAIRY, AND ARTIFICIAL FLAVORS

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CAFFEINE FREE

Nature's Way

• HIGH POTENCY •

B-VITAMINS

to help convert food to fuel*

ORCHARD FRUITS™ & GARDEN VEGGIES™

Powder Blend (100 mg per serving)

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17 ESSENTIAL 100% or more of DAILY VALUE VITAMINS & MINERALS

Alive!® multivitamins were created to give you the energy support you need to do all that is important to you! Get the most from your multi, with potent vitamins & minerals and our food-based blends, and live every day feeling Alive!

BALANCED FOR ADULTS 50+

TO SUPPORT MULTIPLE BODY SYSTEMS:

- HEART*
- BONES*
- CELLULAR ENERGY*
- IMMUNITY*
- EYES*

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