

E-400 Selenium™ provides selenium and natural-source vitamin E, antioxidants that work closely together to help protect tissues from damage caused by free radicals.*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

DIRECTIONS: Take one tablet up to twice daily with meals or as directed by your healthcare practitioner.

CAUTION: Keep out of the reach of children.

STORAGE: Keep tightly closed in a cool, dry place.

Formulated to Exclude: Wheat, gluten, soy protein, animal or dairy products, nuts, tree nuts, fish, crustacean shellfish, colors, artificial sweeteners, and preservatives.



Metagenics

Genetic Potential Through Nutrition

E-400 Selenium™

Antioxidant Protection Formula*

Dietary Supplement
Vegetarian

180 TABLETS

Supplement Facts

Serving Size 1 Tablet

Servings Per Container 180

	Amount Per Serving	% Daily Value
Vitamin E (as d-alpha tocopheryl succinate)	400 IU	1333%
Calcium	97 mg	10%
Phosphorus	74 mg	7%
Selenium (as selenium L-aspartate)	50 mcg	71%

Other Ingredients: Dicalcium phosphate, microcrystalline cellulose, silica, stearic acid, magnesium stearate, croscarmellose sodium, and coating (deionized water, microcrystalline cellulose, polyethylene glycol, and carrageenan).

Developed and Manufactured by: **METAGENICS, INC.**
Makers of Professional Quality Supplements
100 Ave. La Pata, San Clemente, CA 92673
www.metagenics.com