



Certified



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*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

60
TABLETS
30 SERVINGS
DIETARY
SUPPLEMENT

MegaFood®

Multivitamin

for Daily Immune Support*

- C, D3, E, selenium & zinc to support immune health*
- Astragalus root & Reishi mushroom
- Multi with 20 vitamins & minerals including vitamin C from Acerola cherry



Suggested Use: 2 tablets daily with a beverage. May be taken anytime throughout the day, even on an empty stomach.

Supplement Facts

Serving Size 2 Tablets Servings per Container 30

Amount per Serving	% DV
Vitamin A (as beta carotene) 700 mcg RAE	78%
Vitamin C (as acerola cherry) 113 mg	125%
Vitamin D3 (as fermented cholecalciferol) 75 mcg (3000 IU)	375%
Vitamin E (as d-alpha tocopherol from sunflower seed oil) 15 mg	100%
Vitamin K (as phytonadione with cabbage)* 120 mcg	100%
Thiamin (as thiamine hydrochloride with <i>S. cerevisiae</i>)† 1.2 mg	100%
Riboflavin (as riboflavin with organic brown rice)* 1.3 mg	100%
Niacin (as niacinamide with <i>S. cerevisiae</i>)† 16 mg NE	100%
Vitamin B6 (as pyridoxal-5-phosphate with organic brown rice)* 1.7 mg	100%
Folate (as L-5-methyltetrahydrofolate with broccoli)* 400 mcg DFE (240 mcg folic acid)	100%
Vitamin B12 (as methylcobalamin with <i>S. cerevisiae</i>)† 4.8 mcg	200%
Biotin (as biotin with organic brown rice)* 30 mcg	100%
Pantothenic Acid (as d-calcium pantothenate with organic brown rice)* 5 mg	100%
Iodine (as fermented iodine glycinate) 150 mcg	100%
Zinc (as fermented zinc bisglycinate) 11 mg	100%
Selenium (as fermented selenium glycinate) 55 mcg	100%
Copper (as fermented copper bisglycinate) 0.9 mg	100%
Manganese (as fermented manganese bisglycinate) 2.3 mg	100%
GTF Chromium (as fermented chromium glycinate, nicotinate, glutamate) 35 mcg	100%
Molybdenum (as fermented molybdenum bisglycinate) 45 mcg	100%

Farm Food Blend 246 mg **
Organic Broccoli, Organic Cranberry, Organic Orange Peel, Organic Carrot, Organic Brown Rice, Organic Wild Blueberry, Cabbage

Supportive Herb Blend 400 mg **
Organic Astragalus Root, Reishi Mushroom

** % Daily Value (DV) not established

Other Ingredients: Ferment media (organic brown rice, rice protein, autolyzed yeast, yeast [inactive]), microcrystalline cellulose, rice protein, silicon dioxide, stearic acid, autolyzed yeast extract, tapioca starch, hypromellose.

Made by MegaFood, PO Box 5244, Manchester, NH 03108 USA
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MegaFood Multivitamin for Daily Immune Support® combines immune-supportive vitamins C, D3, E, plus selenium and zinc.* Acerola cherry provides a natural source of vitamin C and we use the methylated forms of folate and B12. This product also features a complementary blend of Astragalus root and Reishi mushroom.

This MegaFood product is made with real food, wholesome nutritional yeast and added nutrients. †This vitamin is paired with a whole food in our unique process. Satisfaction guaranteed or your money back.

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If pregnant, nursing, or you have a health condition, consult your healthcare practitioner before taking this product.

Keep out of reach of children. Store tightly sealed in a cool place and avoid exposure to moisture. Once open, consume within three months.



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Before: Best Lot#: