Supplement Facts

Serving Size 2 Gummies Servings per Container 30

Amount per Serving	% DV
Calories 25	
Total Carbohydrate 6 g	2%*
Total Sugars 3 g	**
Includes 3 g Added Sugars	6%*
Vitamin A (as beta carotene) 900 mcg RAE	69%
Vitamin C (as ascorbic acid) 60 mg	50%
Vitamin D3 (as cholecalciferol) 25 mcg	167%
Vitamin E (as d-alpha tocopheryl acetate) 10 mg	53%
Vitamin K (as phytonadione) 90 mcg	100%
Thiamin (as thiamin mononitrate) 0.7 mg	50%
Riboflavin (as riboflavin) 0.8 mg	50%
Niacin (as niacinamide) 9 mg NE	50%
Vitamin B6 (as pyridoxine hydrochloride) 4 mg	200%
Folate (as folic acid) 600 mcg DFE (353 mcg folic acid)	100%
Vitamin B12 (as methylcobalamin) 5.6 mcg	200%
Biotin (as biotin) 35 mcg	100%
Choline (as choline bitartrate) 100 mg	18%
lodine (as potassium iodide) 150 mcg	52%
Zinc (as zinc citrate) 6 mg	46%
Selenium (as sodium selenate) 70 mcg	100%
Chromium (as chromium chloride) 50 mcg	111%
Sodium 15 mg	1%
Organic Paenharry Fruit 100 mg	**

Organic Raspberry Fruit 100 mg

- * % Daily Value based on a 2,000 calorie diet ** % Daily Value (DV) not established
- Other Ingredients: Organic cane sugar, organic tapioca syrup, apple pectin, citric acid, natural flavors, sodium citrate, organic sunflower oil. organic carnauha wax

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Suggested Use: 2 gummies daily. May be taken anytime throughout the day, even on an empty stomach.

MegaFood Baby & Me 2 Prenatal Multi Gummies are doctor-formulated to offer nutritional support for mom and developing baby. Folic acid & choline are included to support baby's healthy brain development, plus B12 and B6 for cellular energy production.*

We're committed to investing in agricultural practices that make a difference. That's why we use organic ingredients in our products when possible.

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Keep out of reach of children. Store tightly sealed in a cool place and avoid exposure to moisture. Once open, consume within three months.

To learn about our seals, please visit megafood.com/ standards.

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REV: 2 07/21













17 essential nutrients including folic acid & choline to support baby's healthy brain development*

RED RASPBERRY

FLAVOR WITH OTHER NATURAL FLAVORS







