

Find Total Balance with Culturelle®

Harmonize your digestive system with Culturelle® Total Balance Probiotic*. It uses the power of clinically proven probiotic strains to help balance your digestive system without harsh stimulants.*

The dual action formula helps with occasional issues like gas & bloating, diarrhea, & constipation.*



Dual action formula for balance & relief*



Easy & convenient once per day capsule



Works in harmony with your body



Unleash the Power of Your Microbiome!

Your gut microbiome helps support an overall healthy you, because it's linked to your **digestive health, cognition, mood, nutrition, & immune system.**

You can trust your gut daily to Culturelle®:

Storage Instructions: Store Culturelle® in a cool, dry place away from direct sunlight.

Tamper Evident: Do not use this product if safety seal bearing "SEALED FOR YOUR PROTECTION" under cap is missing or torn.

For questions, concerns or to report an adverse event, please call (800) 722-3476.
www.Culturelle.com

Scan to Learn More



* Based on the 2019 BrandSpark American Shopper Study.

† Based on the number of studies of *Lactobacillus rhamnosus* GG as of January 2019.

*** Guaranteed potency through date on box when stored as directed.

▲ Meets the FDA's guidelines for gluten-free.

Not a reduced calorie food.



ACTUAL SIZE

Yellow color from naturally sourced riboflavin; slight color variations may occur.

Culturelle® is a trademark of DSM. LGG® & LGG logo® are trademarks of Chr. Hansen A/S.

OUR BRAND VALUES

We're on a mission to inspire better health & wellness for you & your family.

We believe in integrity, so we hold ourselves to the highest standards of truth.

We believe in the natural power of your body's microbiome, & in scientific research & products that will unlock its full potential.

We believe in uncompromising quality, safety & proven efficacy.

We believe in empowering you to embrace every day with confidence.



NATURALLY SOURCED LGG®



MOST CLINICALLY RESEARCHED STRAIN IN THE WORLD†



PURITY & POTENCY***



DAIRY GLUTEN* SOY FREE

The Culturelle® Difference™

*** Excludes gummy formulas.

FROM THE Most Trusted Probiotic Brand®



Dual Action FORMULA

Total Balance

Helps Ease Occasional Constipation to Keep You Regular*

Helps Relieve Occasional Digestive Issues Like Diarrhea, Gas, & Bloating*

30 ONCE DAILY VEGETARIAN CAPSULES
PROBIOTIC SUPPLEMENT

11 BILLION CFUs

3 CLINICALLY PROVEN STRAINS

CEBM7232

Allergy Friendly
FREE FROM
MILK • WHEAT • EGGS
TREE NUTS • PEANUTS

Directions for ages 12+ years: Take one (1) capsule daily. Continued use is suggested.

Supplement Facts

Serving Size: One (1) Capsule

	Amount Per Serving	% Daily Value
Calories	0	
Total Carbohydrate	0 g	0%*
Total Sugars	0 g	**
Incl. 0g Added Sugars		0%*
A Proprietary Probiotic Blend	58 mg (11 billion CFUs)	
<i>Lactobacillus rhamnosus</i> GG		**
<i>Lactobacillus rhamnosus</i> DSM 16104		**
<i>Lactobacillus paracasei</i> DSM 16105		**

+ Percent Daily Values are based on a 2,000 calorie diet.
** Daily Value not established.

Other Ingredients: Microcrystalline cellulose, hydroxypropyl methylcellulose, magnesium stearate, riboflavin (color).

Distributed by i-Health, Inc.
55 Sebethe Drive, Cromwell, CT 06416.

KEEP OUT OF REACH OF CHILDREN. Inform a healthcare professional before starting any dietary supplement, particularly if there is a known immune-compromised condition.

When first taking Culturelle; you may experience minor bloating, gas or intestinal gurgling which should subside with continued use. Consult your healthcare professional if symptoms persist after two weeks.



*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.

*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.