

dōTERRA

Serenity®

Restful Complex

Dietary Supplement
60 Softgels

dōTERRA Serenity® Softgels contain Lavender CPTG Certified Pure Tested Grade™ essential oil and carefully selected botanicals to provide relief of occasional sleeplessness and to support the ability to fall asleep more easily, a more restful night's sleep, and the feeling of waking up more alert and refreshed in the morning.* dōTERRA Serenity Softgels are designed specifically to be used with dōTERRA Serenity essential oil blend (topically and aromatically).

Suggested Use: Take 1 to 2 softgels before sleep.

Supplement Facts

Serving Size 2 Softgels

Servings Per Container 30

Amount Per Serving	%DV
Lavender Flowering Tops Oil 160 mg	**
L-Theanine 100 mg	**
Proprietary Extract Blend 50 mg	
Lemon Balm (Leaf & Stem)	**
Passionflower (Aerial Parts)	**
German Chamomile (Petal)	**

** Daily Value (DV) not established.

Other ingredients: Extra virgin olive oil, Non-GMO modified corn starch, Glycerin, Carrageenan, Maltitol, Water, Maltodextrin, Sunflower lecithin, Gum arabic, Silica.

Caution: Keep out of reach of children. If pregnant, nursing, or under a doctor's care, consult your physician. Store in a cool, dry place.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Manufactured exclusively
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