



# WILD YAM ROOT

*Dioscorea  
villosa*

HAND-MADE EXTRACT

2 fl. oz.  
(60 mL)

HERBAL DIETARY  
SUPPLEMENT

48  
SERVINGS



**SUGGESTED USE:** 12+ yrs: 1/4 tsp.  
Take in water 1-3 times daily. **Caution:** If you are pregnant, nursing, have a medical condition, or are taking a prescription, consult your health care provider before using this product. Shake well. Keep out of reach of children. Store in a cool, dry place out of sunlight.

Manufactured and Distributed by:  
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Enhance your overall female health  
and wellness\*

- Plant-based estrogen source\*
- Menopause symptom support\*
- Comfortable menstruation support\*



1 dropperful = approx. 1/8 tsp.

## Supplement Facts

Serving Size: 1/4 tsp  
Servings Per Container: 48

Per Serving %DV

Wild Yam root extract 1.25 ml †  
(1:2) in vegetable glycerin, distilled water, and approx 5% - 10% organic grain alcohol.

† Daily Value (DV) not established



\* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.