

dōTERRA® Women Phytoestrogen Essential Complex features genistein from soy isoflavones, a mild phytoestrogen that binds with estrogen receptors in cells, and the natural phytoestrogens in pomegranate that help balance estrogens naturally in the body.*

It also includes a concentrated extract of flax seed lignans to help manage potentially harmful metabolites that are produced when estrogens are metabolized in the liver.*

Directions for use: Pre- and peri-menopausal women take 1 to 2 capsules daily with food. Post-menopausal women take 2 capsules daily with food.

Note: Pregnant or nursing women and people with known medical conditions should consult with a physician prior to taking supplements. Does not contain wheat or milk products.

Store in a cool, dry place.



v8
35260001

dōTERRA®
women

phytoestrogen

ESSENTIAL COMPLEX

Supports healthy estrogen balance in women*



DIETARY SUPPLEMENT
60 VEGETABLE CAPSULES

Supplement Facts

Serving Size 2 Vegetable Capsules

Servings Per Container 30

Amount Per Serving	% DV
Soy extract (standardized isoflavones)	150 mg **
Flax seed extract (standardized lignan)	120 mg **
Pomegranate husk extract (standardized ellagic acid)	100 mg **

** Daily Value not established

Other Ingredients: Flax seed powder, Vegetable hypromellose, Silica, Maltodextrin.

Manufactured exclusively for dōTERRA Intl, LLC,
389 South 1300 West Pleasant Grove, UT
84062, U.S.A.
1-800-411-8151 www.doterra.com

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.