

Unlike ordinary immune health products, **Culturelle® Immune Defense Packets** have a breakthrough formula that easily transforms your water into an infusion of immune & energy supporting hydration.\*



**Lactobacillus rhamnosus GG Probiotic**  
Contains the power of probiotics which work in your digestive tract where 70% of your immune system resides. With **10 billion CFUs** of scientifically studied **Lactobacillus rhamnosus GG**, it helps balance your immune responses by working in your body's microbiome.\*



**Vitamin C & B Vitamins**  
Plus, a specially formulated blend of **vitamin C & energy-inducing B vitamins** to deliver extra immune support and sustained energy levels.\*\*

**Immune Support Formula\***

Together, they work naturally with your body to help keep you feeling your best and your immune system going strong all day long:

**Trust Your Gut Daily to Culturelle®**

**Storage Instructions:** Store Culturelle® in a cool, dry place away from direct sunlight.

**Tamper Evident:** Product is sealed within packets. Do not use if any part of the packet is torn, open or damaged.

When first taking Culturelle®, you may experience minor bloating, gas or intestinal gurgling which should subside with continued use. Consult your healthcare professional if symptoms persist after two weeks.

For questions, concerns or to report an adverse event, please call **(800) 722-3476**. [www.Culturelle.com](http://www.Culturelle.com)



† Based on the number of *Lactobacillus rhamnosus* GG clinical studies, as of January 2021.  
‡ B vitamins support energy through metabolic function.

\*\*\* Guaranteed potency through date on box when stored as directed.

▲ Meets the FDA's guidelines for gluten-free.

\*Not a reduced calorie food. Culturelle® and Trust Your Gut Daily to Culturelle® are trademarks of DSM.

\*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.

**OUR BRAND VALUES**

We're on a mission to inspire better health & wellness for you & your family.

We believe in integrity, so we hold ourselves to the highest standards of truth.

We believe in the natural power of your body's microbiome, & in scientific research & products that will unlock its full potential.

We believe in uncompromising quality, safety & proven efficacy.

We believe in empowering you to embrace every day with confidence.



**MOST CLINICALLY RESEARCHED STRAIN IN THE WORLD†**



**PURITY & POTENCY\*\*\***



**DAIRY GLUTEN SOY FREE**

CABM9350

— WITH THE —  
**#1 Clinically Studied Probiotic†**



**Immune Defense Packets**

**Probiotic + Vitamin C & B Vitamins**

Helps Support Your Natural Immune Defenses\*

Promotes All-Day Energy\*\*▶

**20 ONCE DAILY SINGLE SERVE PACKETS**

PROBIOTIC SUPPLEMENT



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— ALLERGY FRIENDLY —  
**FREE FROM**  
MILK • WHEAT • EGGS  
TREE NUTS • PEANUTS

**Directions for 12 years of age and older:**  
For daily use, take one (1) single serve packet per day. Simply mix one packet with 8 or more ounces of water and enjoy. More water equals lighter flavor. For optimal results, continued daily use is suggested.

**Supplement Facts**

Serving Size: One (1) Packet

	Amount Per Serving	% Daily Value
<b>Calories</b>	5	
<b>Total Carbohydrate</b>	1 g	<1%*
<b>Dietary Fiber</b>	<1g	2%*
<b>Total Sugars</b>	0 g	**
<b>Incl. 0g Added Sugars</b>		0%*
<b>Vitamin C (as Ascorbic Acid)</b>	90 mg	100%
<b>Thiamin (as Thiamin Mononitrate)</b>	1.2 mg	100%
<b>Riboflavin</b>	1.3 mg	100%
<b>Niacin (as Niacinamide)</b>	5.6 mg	35%
<b>Vitamin B6 (as Pyridoxine Hydrochloride)</b>	1.7 mg	100%
<b>Folate</b>	667 mcg DFE (400 mcg folic acid)	167%
<b>Vitamin B12 (as Cyanocobalamin)</b>	2.4 mcg	100%
<b>Pantothenic Acid (as Calcium D Pantothenate)</b>	5 mg	100%
<b>Sodium</b>	5 mg	<1%
<b>Lactobacillus rhamnosus GG</b>	46 mg (10 billion CFUs)	**

\* Percent Daily Values are based on a 2,000 calorie diet.  
\*\* Daily Value not established.

Other Ingredients: Fructooligosaccharides, Citric Acid, Malic Acid, Vegetable Juice (Color), Natural & Artificial Flavor, Sucralose

Distributed by i-Health, Inc. 55 Sebeth Drive, Cromwell, CT 06416.

**KEEP OUT OF REACH OF CHILDREN.** Inform a healthcare professional before starting any dietary supplement, particularly if there is a known immune-compromised condition.

