

Norwegian Cod Liver Oil



Nutritionally Supports:

- Mood Health*+
- Cardiovascular Health*
- Healthy Joint Function*+

How It Works:

Twinlab's Norwegian Cod Liver Oil supplies the fatty acids EPA and DHA, which support mood+ and cardiovascular health, as well as healthy joint function.*+ Clinical studies have shown that a diet that has at least 400 mg of Omega-3 fatty acids (300 mg of which are EPA and DHA) nutritionally supports cardiovascular health.* Also, a recent study has shown that a diet with 768.6 mg of EPA supports healthy joint function.*+ For overall health and wellness, make Twinlab's Cod Liver Oil a part of your daily health regimen.

+Requires 2 servings. Based on a study using 128.1 mg of EPA per 10 kg of weight for a 65 kg (143 lb.) person.

Suggested Use:

Take one teaspoon 1-2 times daily or as directed by a physician or health care professional. Store in a cool, dry place.

Product Specs:

Size/Count: 12 fl. oz. (355 mL)

Form: Liquid

Flavors: Unflavored, Mint or Cherry

WARNING:

If you are pregnant or nursing, anticipate surgery, have coagulopathy or any other medical condition, are taking anticoagulants or any other medication, consult a health care professional before use. **KEEP OUT OF REACH OF CHILDREN.**

Supplement Facts

Serving Size 1 Teaspoon (5 mL)

Servings Per Container 71

Amount Per Serving		% DV
Calories	40	
Calories from Fat	40	
Total Fat	4.5 g	7% **
Saturated Fat	1 g	5% **
Trans Fat	0 g	†
Cholesterol	25 mg	8% **
Vitamin A	4615 IU	92%
Vitamin D	462 IU	116%
Total Omega-3 Fatty Acids	+ 970 mg	†
EPA (eicosapentaenoic acid)	554 mg	†
DHA (docosahexaenoic acid)	369 mg	†

**Percent Daily Values (DV) are based on a 2,000 calorie diet

† Daily Value (DV) not established.