

UNCONDITIONALLY GUARANTEED
for purity and labeled potency. To
preserve quality and freshness,
store bottle with cap tightly closed
in a cool, dry place.

NEM® is a registered trademark of ESM Technologies,
LLC and is registered in the United States and other
countries.

FruiteX-B®, a registered trademark of VDF
FutureCeuticals, Inc. Pat. Fcpatent.com

MBP® is a registered trademark of MEGMILK SNOW
BRAND Co., Ltd. in the United States of America.

MBP® is protected under multiple U.S. patents.

†These statements have not been evaluated by
the Food and Drug Administration. This product
is not intended to diagnose, treat, cure, or
prevent any disease.



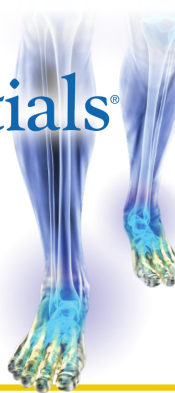
WHITAKER NUTRITION®



Joint & Bone Essentials®

FOR HEALTHY JOINTS
AND STRONG BONES†

Includes research
levels of NEM®,
FruiteX-B®, and MBP®



Dietary Supplement

120 CAPSULES

Doctor's Suggested Use: Take 4 capsules daily
with a meal.

Supplement Facts

Serving Size: 4 Capsules

Servings Per Container: 30

Amount Per Serving	% DV
Vitamin D3 (as cholecalciferol) 50 mcg (2,000 IU)	250%
Calcium (as calcium carbonate from eggshell membrane) 50 mg	4 %
Chloride 200 mg	9%
Potassium 200 mg	4%
Glucosamine Sulfate (from chitin) 1.5 g	*
Eggshell Membrane (NEM®) 500 mg	*
Calcium Fructoborate (FruiteX-B®) 222 mg	*
Milk Protein (MBP®) 40 mg	*

*Daily Value (DV) not established.

Other ingredients: Gelatin, microcrystalline cellulose,
magnesium stearate, silica

CONTAINS: SHELLFISH (crab, shrimp), EGG, MILK

Distributed by Healthy Directions, Bethesda, MD 20817
www.healthydirections.com

Precautions: Consult a health care practitioner if you are
pregnant or nursing, have a serious medical condition, or
use any medications.

Keep out of reach of children.



Gluten Free

SKU: JES 02 C18000, 2021 R-1

Lot No. / Exp. Date

Almost Out? Call 1-800-722-8008

or visit healthydirections.com

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