REAL. CLEAR. EASY.

Doctor-developed fatigue fighter to keep you focused and going strong.[†]





PERK UP ENERGY FORMULA

Fuels your mind and body to support attention, alertness, and focus'

CONCENTRATED MICROBEADLETS IN
COLD-PRESSED HEMP SEED OIL

Dietary Supplement | 30 Vegan Capsules

Lifeßiome Rise PERK UP

Simple, science-backed, feel-good nutrition with vegan and non-GMO ingredients, including sustained-release caffeine, delivers a boost in energy, attention, alertness, and focus.



†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



Doctor's Suggested Use: Take 1 vegan capsule once daily. For added support, take 1 capsule twice daily.

Sunnlement Facts

Serving Size: 1 Vegan Capsule Servings Per Container: 30

Amount per Serving		% DV
Vitamin B6 (as pyridoxine hydrochloride)	2 mg	118%
Folate (400	680 mcg DFE mcg folic acid)	170%
Vitamin B12 (as methylcobalamin)	100 mcg	4,167%
VidaSpheres® Energizing Blend	300 mg	*
Panax Ginseng Extract (root)	200 mg	*
Natural Caffeine (from green coffee bean)	100 mg	*
Hemp Oil (seed)	150 mg	*

*Daily Value (DV) not established.

Other ingredients: Hypromellose, microcrystalline cellulose, maltodextrin, beetroot (color), silica

Distributed by Healthy Directions, Bethesda, MD 20817

Note: This product contains 100 mg of caffeine, which is similar to the amount found in 8 oz of coffee.

UNCONDITIONALLY GUARANTEED for purity and potency. To preserve quality and freshness, store box in a cool, dry place.

Precautions: Consult a health care practitioner if you are pregnant or nursing, have a serious medical condition, or use any medications.

Keep out of reach of children.

Due to the nature of these ingredients, color variation over time may occur.

VidaSpheres® is licensed exclusively by Nutracode, LLC

Using the science and technology of tomorrow to make staying healthy a little easier today.

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1-888-303-7061 or visit healthydirections.com Choose REFILL & SAVE, Get Free Shipping Forever