REAL. CLEAR. EASY.

Doctor-developed de-stressor for the daily zen you desire.



Life Biome Rise

KEEP CALM TRESS FORMULA

Calms an overactive mind to deliver deeper relaxation[†]

CONCENTRATED MICROBEADLETS IN COLD-PRESSED HEMP SEED OIL

Dietary Supplement | 30 Vegan Capsules

Life Biome Rise **KEEP CALM**

Simple, science-backed, feel-good nutrition with vegan and non-GMO ingredients, including Sensoril® ashwagandha, helps reduce fatigue and irritability and keeps you feeling calm and zen-like in times of stress.



These statements have not been evaluated by the Food and Drug Administration This product is not intended to diagnose, treat, cure or prevent any disease



Doctor's Suggested Use: Take 1 vegan capsule once daily. For added support, take 1 capsule twice daily.

Serving Size: 1 Vegan Capsule Servings Per Container: 30

Serving Size. 1 Vegan Capsule Servings Per Container: 30			00,
Amount per Serving		% DV	C11000,
Pantothenic Acid	30 mg	600%	102
Hemp Oil (seed)	300 mg	*	SM
VidaSpheres® Calming Blend	155 mg	*	15
Ashwagandha Extract (root and leaf) (Sensoril®)	125 mg	•	SKU:
Saffron Extract (stigma)	30 mg	*	

*Daily Value (DV) not established.

Other ingredients: Hypromellose, microcrystalline cellulose, maltodextrin, copper chlorophyllin (color), silica

Distributed by Healthy Directions, Bethesda, MD 20817 www.healthydirections.com

UNCONDITIONALLY GUARANTEED for purity and potency. To preserve quality and freshness, store box in a cool, dry place.

Precautions: Consult a health care practitioner if you are pregnant or nursing, have a serious medical condition, or use any medications.

Keep out of reach of children.

Due to the nature of these ingredients color variation over time may occur.

Sensoril® is a registered trademark of Natreon, Inc., and the product is protected under U.S. Patent No. 7,318,938 and CA Patent No. 2,508,478.

VidaSpheres® is licensed exclusively by Nutracode, LLC.

Using the science and technology of tomorrow to make staying nealthy a little easier today

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