



**MOUNTAIN  
MEADOW  
HERBS\***

# HERBAL IRON

Regulates  
Iron Metabolism

EVERYDAY HEALTH

2 fl. oz.  
(60 mL)

HERBAL DIETARY  
SUPPLEMENT

48  
SERVINGS



**SUGGESTED USE:** 0-2 years: 5-10 drops.  
3-11 years: 1/8 tsp. 12+ yrs: 1/4 tsp. Take  
in water 1-3 times daily or as needed.

**Caution:** If you are pregnant, nursing,  
have a medical condition, or are taking  
a prescription, consult your health care  
provider before using this product. Shake  
well. Keep out of reach of children. Store in  
a cool, dry place out of sunlight.

Manufactured and Distributed by:  
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888.528.8615 | www.mmherbs.com



Support healthy iron absorption for  
superior health\*

- Enjoy healthy energy levels\*
- Easy on the stomach\*
- Gentle herbs high in iron and  
safe for the whole family\*



1 dropperful = approx. 1/8 tsp.

## Supplement Facts

**Serving Size:** 1/4 tsp  
**Servings Per Container:** 48

Per Serving	%DV
Proprietary Blend	1.25 mL
Stinging Nettle leaf	†
Dandelion root	†
Yellow Dock root	†

† Daily Value (DV) not established

Other Ingredients: vegetable glycerin,  
distilled water and approx. 5% - 10%  
organic grain alcohol.

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\* These statements have not been  
evaluated by the Food and Drug  
Administration. This product is not  
intended to diagnose, treat, cure or  
prevent any disease.