

Directions: Adults and children over 10: take 1 sublingual tablet daily or as directed by a healthcare professional. Let dissolve in mouth or under tongue. Do not swallow whole. For best results, we suggest 3 tablets a day for the first 10 to 14 days. After that, take at least one to two tablets daily. Most people take one in the morning and one in the afternoon to maintain and enjoy that feeling of endless energy every day!

Supplement Facts

Serving Size 1 tablet
Servings per Container 30

	Amount per Tablet	% Daily Value
Vitamin B6 (as pyridoxine HCl)	5 mg	250%
Folate (as folic acid)	400 mcg	100%
Vitamin B12 (cyanocobalamin)	1000 mcg	16,667%
Biotin	25 mcg	8%

Other Ingredients: Mannitol, sorbitol, alphaketoglutarate, stearic acid, natural flavor, malic acid, magnesium stearate, silica, stevia leaf extract, and sodium starch glycolate.



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These statements have not been evaluated by the Food and Drug Administration.
This product is not intended to diagnose, treat, cure or prevent any disease.

Children, women who are pregnant or nursing, and all individuals allergic to any foods or ingredients should consult their healthcare provider before using this product. You should not stop taking any medication without first consulting with a healthcare provider. To report a serious adverse event or obtain product information, contact 1-800-991-7116.



Manufactured for and distributed by
Trivita, Scottsdale, Arizona USA

Store in a cool, dry place.

Do not use if seal is broken.

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Item 30140

L1103-01



Sublingual B-12

Including B-6 & Folic Acid
For Improved Energy, Focus, Memory and Mood



Dietary Supplement

30 Tablets