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www.healthydirections.com

MK-7 is menaquinone-7, also known as vitamin K2.

UNCONDITIONALLY GUARANTEED for purity and labeled potency. Store bottle in a cool, dry place.

¹MenaQ7 is a registered trademark of NattoPharma ASA, Norway; Patented in the United States and Canada. US Patent Numbers 8,728,553 & 8,354,129; Canada Patent Number 2,347,387

¹These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



Suggested Use: Take 1 softgel daily.

Supplement Facts

Serving Size: 1 Softgel
Servings Per Container: 30

Amount Per Serving

Menaquinone-7 (Vitamin K2) (MenaQ7 [®])	180 mcg	*
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*Daily Value not established.

Other ingredients: Medium chain triglycerides, gelatin, glycerin, olive oil, purified water

Distributed by Healthy Directions, Bethesda, MD 20817
www.healthydirections.com

Precautions: Consult a health care practitioner before use if you take warfarin or other blood thinning products, or are pregnant or nursing, have a serious medical condition, or use any medications.

Keep out of reach of children.



Lot No: Exp. Date:

SKU: HMK 02 G14000, 2021 R-2