



Gluten Free #34

## **FORMULA 34**

B-100 B COMPLEX

Supports Energy Metabolism\*

Dietary Supplement

90 TABLETS

## **Supplement Facts**

Serving Size 1 Tablet

Amount Per Serving		% DV	Amount Per Serving		% DV
Thiamin	100 mg	6667%	Biotin	100 mcg	33%
Riboflavin	100 mg	5882%	Pantothenio	Acid100 mg1	000%
Niacin	100 mg	500%	Choline	100 mg	**
Vitamin B-6	100 mg	5000%	Inositol	100 mg	**
Folic Acid	400 mcg	100%	PABA	100 mg	**
Vitamin B-12 100 mcg 166		1667%	** Daily Value not established		ed.

Ingredients: Vegetable cellulose, thiamin mononitrate, niacinamide, pyridoxine hydrochloride, cyanocobalamin, d-biotin, calcium pantothenate, choline bitartrate, para-aminobenzoic acid, vegetable stearic acid, silica, natural palm leaf glaze. vegetable magnesium stearate.

Non-GMO. Contains **NO** preservatives, sugar, starch, milk, lactose, wheat, yeast, fish, artificial color, flavor or sweetener. Contains soy ingredients.

**TAMPER EVIDENT:** Do not use this product if imprinted foil seal under cap is broken or missing.

1 tablet daily.

**DIRECTIONS:** As a dietary supplement, take

Keep tightly closed. Store at room temperature: 59°-86°F (15° to 30°C).

KEEP OUT OF REACH OF CHILDREN.

Mfg. in an FDA Registered Facility using
Good Manufacturing Practices (GMPs)

**CAUTION:** If you are pregnant or nursing do not take this product.

Conforms to USP <2091> for weight. Meets USP <2040> disintegration for maximum bioavailability.

\* This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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Made in USA