

## FORMULA 34

B-100 B-COMPLEX

Dietary Supplement
30 TABLETS

## Supplement Facts

Serving Size 1 Tablet

| mount Per Serving   |         | % DV   | Amount Per Serving             |         | % DV |
|---------------------|---------|--------|--------------------------------|---------|------|
|                     |         |        |                                |         |      |
| hiamin              | 100 mg  | 6667%  | Biotin                         | 100 mcg | 33   |
|                     |         |        | Pantothenic Acid               | 100 ma  | 1000 |
| Riboflavin          | 100 mg  | 5882%  | Fantotheric Acid               | 100 mg  | 1000 |
| liacin              | 100 mg  | 500%   |                                |         |      |
| nacin               | 100 mg  | 500%   | Choline                        | 100 mg  |      |
| itamin B-6          | 100 mg  | 5000%  | Inositol                       | 100 mg  |      |
| itariiii D 0        | 100 mg  | 000070 |                                |         |      |
| olic Acid           | 400 mcg | 100%   | PABA                           | 100 mg  |      |
|                     |         |        |                                |         |      |
| itamin B-12 100 mcg |         | 1667%  | * Daily Value not established. |         |      |

**DIRECTIONS:** As a dietary supplement, take 1 tablet daily.

TAMPER EVIDENT: Do not use this product if imprinted foil seal under cap is broken or missing.

Mfd. in an FDA Registered Facility using

Good Manufacturing Practices (GMPs)
Keep tightly closed. Store at room
temperature: 59°-86°F (15° to 30°C).
KEEP OUT OF REACH OF CHILDREN.
CAUTION: If you are pregnant or nursing do not take this product.
Conforms to USP <2091> for weight.

Rev. #09

Meets USP <2040> disintegration for maximum bioavailability.

Ingredients: Vegetable cellulose, thiamin mononitrate, niacinamide, pyridoxine hydrochloride, cyanocobalamin, d-biotin, calcium pantothenate, choline bitartrate, para-aminobenzoic acid, vegetable stearic acid, silica, natural palm leaf glaze, vegetable magnesium stearate. Contains soy ingredients. Contains NO preservatives, sugar, starch, milk, lackse, wheat yeart file, artificial color, flavore, sweetaper, Nozoffa.

lactose, wheat, yeast, fish, artificial color, flavoror sweetener, Non-GMO.