



HELPS YOU RELAX TO FALL
ASLEEP QUICKLY[†]



PROMOTES REST
THROUGHOUT SLEEP
CYCLE[†]



WAKE UP FEELING
REFRESHED[†]

Suggested Use: For those occasional sleepless nights, adults and children 12 years and older thoroughly chew 2 gummies when needed. Children under 12 take our *Dr. Formulated Kids Sleep Gummy*.

Keep out of reach of children.
Gummies can be a choking hazard.

Store in a cool, dry place.
Do not use if safety seal is broken or missing.

Made without dairy or soy ingredients, peanut or shellfish. Manufactured in a facility that also processes egg, peanut, soy, dairy and wheat.

[†] These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



Certified



Dr. Formulated

SLEEP

RELAX & FALL ASLEEP QUICKLY[†]

GUMMIES

Melatonin
Free



Chamomile, Valerian,
Lemon Balm & L-Theanine

Berry Flavor
60 Gummies

Whole Food
Dietary Supplement

Centerline

Supplement Facts

Serving Size 2 Gummies
Servings Per Container 30

	Amount Per Serving	% Daily Value
Calories	20	
Total Carbohydrate	4 g	1% ¹
Total Sugars	3 g	+
Includes 3g Added Sugars		6% ¹
Sleep Blend	252 mg	+

L-Theanine (from Green Tea Extract, standardized to 98% L-Theanine), Banana (fruit), Chamomile (flower) Extract, Lemon Balm (aerial) Extract, Valerian (root) Extract

¹ Percent Daily Values based on a 2,000 calorie diet.
+Daily Value not established.

Other Ingredients: Organic Tapioca Syrup, Organic Cane Sugar, Pectin, Natural Flavor (Raspberry), Citric Acid, Sodium Citrate, Natural Color (from Carrot and Blackcurrant), Organic Sunflower Oil, Citrus Fiber (for dusting).

CAUTION: As with any dietary supplement, consult your healthcare practitioner before using this product, especially if you are pregnant, nursing, giving product to children, anticipate surgery, take medication on a regular basis or are otherwise under medical supervision.



DAVID PERLMUTTER, M.D.

Formulated by one of America's leading Neurologists, #1 *New York Times* best-selling author and Fellow of the American College of Nutrition.



NON-GMO VERIFIED



GLUTEN FREE



VEGAN



NO ARTIFICIAL COLORS,
FLAVORS, SWEETENERS
OR PRESERVATIVES

Distributed by Garden of Life LLC
4200 Northcove Parkway, Palm Beach Gardens, FL 33410 USA
Made in the U.S.A. from foods grown in the U.S.A. and other countries.
© 2020 Garden of Life LLC
www.gardenoflife.com
DFASGS-060821

EPIC

1mm Graphic
Varnish &
Ink Free