



HELPS KIDS RELAX TO
FALL ASLEEP QUICKLY[†]



PROMOTES REST
THROUGHOUT THE NIGHT[†]



HELPS KIDS WAKE UP
FEELING RESTED[†]

Suggested Use: For those occasional sleepless nights, children 4 years and older thoroughly chew 2 gummies when needed under adult supervision.

Keep out of reach of children.
Gummies can be a choking hazard.

Store in a cool, dry place.
Do not use if safety seal is broken or missing.

Made without dairy or soy ingredients, peanut or shellfish. Manufactured in a facility that also processes egg, peanut, soy, dairy and wheat.

[†] These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



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Garden of Life

Dr. Formulated

KIDS SLEEP

RELAX & FALL ASLEEP QUICKLY[†]

GUMMIES

Melatonin
Free



Chamomile, Valerian,
Lemon Balm & L-Theanine

Berry Flavor
60 Gummies

® Whole Food
Dietary Supplement

Supplement Facts

Serving Size 2 Gummies
Servings Per Container 30

	Amount Per Serving	% Daily Value
Calories	20	
Total Carbohydrate	4 g	1% ¹
Total Sugars	3 g	+
Includes 3g Added Sugars		6% ¹

Sleep Blend 176 mg +

L-Theanine (from Green Tea Extract, standardized to 98% L-Theanine), Banana (fruit), Chamomile (flower) Extract, Lemon Balm (aerial) Extract, Valerian (root) Extract

¹ Percent Daily Values based on a 2,000 calorie diet.
+Daily Value not established.

Other Ingredients: Organic Tapioca Syrup, Organic Cane Sugar, Pectin, Natural Flavor (Raspberry), Citric Acid, Sodium Citrate, Natural Color (from Carrot and Blackcurrant), Organic Sunflower Oil, Citrus Fiber (for dusting).

CAUTION: As with any dietary supplement, consult your healthcare practitioner before using this product, especially if you are pregnant, nursing, giving product to children, anticipate surgery, take medication on a regular basis or are otherwise under medical supervision.



DAVID PERLMUTTER, M.D.

Formulated by one of America's leading Neurologists, #1 *New York Times* best-selling author and Fellow of the American College of Nutrition.



NON-GMO VERIFIED



GLUTEN FREE



VEGAN



NO ARTIFICIAL COLORS,
FLAVORS, SWEETENERS
OR PRESERVATIVES

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