

**A COMPLETE MULTIVITAMIN
NOW IN A SMALLER,
EASIER-TO-SWALLOW TABLET****

One A Day® Women's is a complete multivitamin specially formulated for women. Contains 14 essential nutrients with at least 100% Daily Value, including high potency B Vitamins to help unlock your physical and mental energy.†*

NO Artificial Flavors • FD&C Colors
Artificial Sweeteners

Formulated to Support*:



BONE HEALTH
with Calcium & Vitamin D



HEART HEALTH†
with Folic Acid, Vitamins B6 & B12



IMMUNE HEALTH
with Vitamins A, C, D, E, Selenium & Zinc



SKIN HEALTH
with Vitamins A, C, E, Zinc & Copper



HEALTHY MUSCLE FUNCTION
with Vitamin D



HEALTHY ENERGY METABOLISM†
with B Vitamins

NEW Look & Formula!***
40% Smaller Tablet**



MULTIVITAMIN/MULTIMINERAL
SUPPLEMENT

WOMEN'S
Complete Multivitamin



**40
TABLETS**

Directions: Adults: One tablet daily, with food.

Supplement Facts		
Serving Size: One Tablet		
	Amount Per Serving	% Daily Value
Vitamin A	700 mcg	78%
Vitamin C	90 mg	100%
Vitamin D	25 mcg (1000 IU)	125%
Vitamin E	15 mg	100%
Thiamin (B ₁)	2.4 mg	200%
Riboflavin (B ₂)	1.95 mg	150%
Niacin	24 mg	150%
Vitamin B ₆	3.4 mg	200%
Folate	665 mcg DFE (400 mcg folic acid)	166%
Vitamin B ₁₂	9.6 mcg	400%
Biotin	45 mcg	150%
Pantothenic Acid	7.5 mg	150%
Calcium	130 mg	10%
Iron	18 mg	100%
Iodine	150 mcg	100%
Magnesium	42 mg	10%
Zinc	8 mg	73%
Selenium	41 mcg	75%
Copper	1.35 mg	150%

Ingredients: Calcium Carbonate, Microcrystalline Cellulose, Ascorbic Acid, Magnesium Oxide, Ferrous Fumarate, dl-Alpha-Tocopherol Acetate, Niacinamide, Gelatin, Maltodextrin; Less than 2% of: Biotin, Cholecalciferol, Color (Riboflavin, Titanium Dioxide, Vegetable Juice), Copper Sulfate, Corn Starch, Croscarmellose Sodium, Cyanocobalamin, D-Calcium Pantothenate, Folic Acid, Guar Gum, Hydroxypropyl Methylcellulose, Medium Chain Triglycerides, Polyvinyl Alcohol, Potassium Iodide, Pyridoxine Hydrochloride, Riboflavin, Silicon Dioxide, Sodium Selenite, Stearic Acid, Talc, Thiamine Mononitrate, Vitamin A Acetate, Zinc Oxide.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

If pregnant, breast-feeding, taking medication, or have any medical condition ask a health professional before use.
KEEP OUT OF REACH OF CHILDREN
CHILD RESISTANT CAP
Do not exceed recommended intake
For Adult Use Only
Not for children
†Not a replacement for heart medications
‡With B Vitamins to help convert food to fuel
**Compared to previous One A Day Women's Complete Multivitamin Tablet

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Do not use if printed safety seal bearing "Bayer HealthCare" under cap is torn or missing.
Store at room temperature. Avoid excessive heat above 40°C (104°F).
Questions? 1-800-800-4793
Pat.: patents.livewell.bayer.com



US ONLY
PAPER BOX



Discard Seal, Empty & Replace Cap
PLASTIC BOTTLE

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