

DIRECTIONS: As a dietary supplement, take 2 softgels daily, preferably with a meal.

TAMPER EVIDENT: Do not use this product if imprinted foil seal under cap is broken or missing.

Mfg. in an FDA Registered Facility using Good Manufacturing Practices (GMPs)

Keep tightly closed. Store at room temperature: 59°-86°F (15° to 30°C).

KEEP OUT OF REACH OF CHILDREN.

In a base of: choline bitartrate 10 mg, inositol 10 mg, citrus bioflavonoids 10 mg, rutin 10 mg, boron 1 mg, coenzyme Q10 100 mcg. Conforms to USP <2091> for weight. Meets USP <2040> disintegration for maximum bioavailability.

CAUTION: If you are pregnant or nursing do not take this product. Other ingredients: Safflower oil, gelatin, vegetable glycerin, sunflower lecithin, natural caramel color.

**** This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.**

WARNING: Accidental overdose of iron containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose contact a doctor or poison control center immediately.

Dist. by: **Dee Cee Laboratories, Inc.** ®
304 Dee Cee Ct., White House, TN 37188

Made in USA

Rev. #05



Gluten Free #977



ULTRA VM

**Multivitamin
Multimineral**

Supports Energy Metabolism**

Dietary Supplement

120 SOFTGELS

Supplement Facts

Serving Size 2 Softgels

Servings Per Container 60

Amount Per Serving	% DV
Calories	15
Calories from Fat	10
Total Fat	1 g 2%*
Total Carbohydrates.....	<1 g <1%*
Protein	<1 g 2%*
Vitamin A (as 100% beta carotene).....	5,000 IU 100%
Vitamin C (as L-ascorbic acid).....	120 mg 200%
Vitamin D (as cholecalciferol)	2000 IU 500%
Vitamin E (as d-alpha tocopherol)	30 IU 100%
Thiamin (as thiamin mononitrate)	50 mg 3333%
Riboflavin	50 mg 2941%
Niacin (as niacinamide)	50 mg 250%
Vitamin B-6 (as pyridoxine HCl).....	50 mg 2500%
Folic Acid	400 mcg 100%
Vitamin B-12 (as cyanocobalamin)	500 mcg 8333%
Biotin (as d-biotin).....	1000 mcg 333%
Pantothenic Acid (as calcium pantothenate)	50 mg 500%
Calcium (as calcium carbonate)	50 mg 5%
Iron (as ferrous fumarate).....	18 mg 100%
Iodine (as kelp)	150 mcg 100%
Magnesium (as magnesium oxide).....	25 mg 6%
Zinc (as zinc citrate)	15 mg 100%
Selenium (as selenium yeast)	25 mcg 36%
Copper (as copper gluconate)	2 mg 100%
Manganese (as manganese sulfate)	2 mg 100%
Chromium (as chromium picolinate).....	200 mcg 167%
Potassium (as potassium citrate).....	32 mg 1%

*Percent Daily Values based on a 2,000 calorie diet.