

Regular exercise and a healthy diet with enough calcium helps all women approximately 11 to 35 years of age maintain good bone health and may reduce their high risk of osteoporosis later in life.

The CALCIUM CITRATE used in this product meets USP for persons with a family history of osteoporosis, menopausal women, or elderly men and women, adequate calcium intake is linked to reduced risk of osteoporosis through the mechanism of slowing the rate of bone loss.

Adequate calcium intake is important but daily intakes above 2000 mg are not likely to provide any additional benefits.

TAMPER EVIDENT: Do not use this product if imprinted foil seal under cap is broken or missing.

Mfg. in an FDA Registered Facility using Good Manufacturing Practices (GMPs)

Keep tightly closed. Store at room temperature: 59°-86°F (15° to 30°C). **KEEP OUT OF REACH OF CHILDREN.**

Conforms to USP <2091> for weight. Meets USP <2040> disintegration for maximum bioavailability.

CAUTION: If you are pregnant or nursing do not take this product.

Now with
Vitamin
D-3

Fight **OSTEOPOROSIS**

dc®

Q
Quali**PURE**

Gluten Free #950

**CALCIUM
CITRATE**

950 MG w/ Vitamin D

"Calcium Builds Strong Bones"

Dietary Supplement

180 TABLETS

Supplement Facts

Serving Size 1 Tablet

Amount Per Serving	% DV
Vitamin D-312 mcg (480 IU).....	60%
(as cholecalciferol)	
Calcium 260 mg.....	20%
(as calcium citrate) (from 950 mg calcium citrate)	

Other ingredients: Vegetable stearic acid, vegetable magnesium silicate, vegetable cellulose, silica.

DIRECTIONS: As a dietary supplement take 1 to 2 tablets two times daily.

TWO TABLETS PROVIDE: 520 mg calcium, 40% of the daily value. **FOUR TABLETS PROVIDE:** 1040 mg calcium, 80% of the daily value.

Mfg. by: **Dee Cee Laboratories, Inc.®**
304 Dee Cee Rd., White House, TN 37188

Made in USA

Rev.04DV