



Gluten Free #814

# FORMULA 814

Multivitamin Multimineral  
with Lutein & Lycopene

For Adults 50 Plus

Dietary Supplement

90 TABLETS

## Supplement Facts

Serving Size 1 Tablet

Conforms to USP <2091> for weight.  
Meets USP <2040> disintegration for  
maximum bioavailability.

**TAMPER EVIDENT**  
Do Not Use If Printed Seal Under  
Cap is Broken or Missing

Amount Per Serving	% DV	Amount Per Serving	% DV
Vitamin A (71% as acetate & 29% as beta carotene)	3500 IU ... 70%	Zinc (as zinc oxide)	15 mg ... 100%
Vitamin C (as L-ascorbic acid)	60 mg 100%	Selenium (as sodium selenate)	20 mcg ... 29%
Vitamin D (as cholecalciferol)	400 IU 100%	Copper (as cupric oxide)	2 mg ... 100%
Vitamin E (as d-alpha tocopherol succinate)	45 IU 150%	Manganese (as manganese sulfate)	2 mg ... 100%
Vitamin K (as phytonadione)	10 mcg ... 13%	Chromium (as chromium chloride)	150 mcg ... 125%
Thiamin (as thiamin mononitrate)	1.5 mg 100%	Molybdenum (as sodium molybdate)	75 mcg ... 100%
Riboflavin	1.7 mg 100%	Chloride (as potassium chloride)	72 mg ... 2%
Niacin (as niacinamide)	20 mg 100%	Potassium (as potassium chloride)	80 mg ... 2%
Vitamin B-6 (as pyridoxine HCl)	3 mg 150%		
Folic Acid	400 mcg 100%	Boron (as sodium borate)	150 mcg ... **
Vitamin B-12 (as cyanocobalamin)	25 mcg 417%	Nickel (as nickel sulfate)	5 mcg ... **
Biotin	30 mcg ... 10%	Silica (as silicon dioxide)	2 mg ... **
Pantothenic Acid (as calcium pantothenate)	10 mg 100%	Vanadium (as sodium metavanadate)	10 mcg ... **
Calcium (as calcium phosphate)	200 mg 20%	Lutein	250 mcg ... **
Phosphorus (as calcium phosphate)	48 mg ... 5%	Lycopene	300 mcg ... **
Iodine (as potassium iodide)	150 mcg 100%		
Magnesium (as magnesium oxide)	100 mg ... 25%		

\*\* Daily Value not established.

\***FORMULA 814** tablets are not manufactured or distributed by Lederle Laboratories, Div. American Cyanamid Co., owner of the registered trademark **Centrum Silver**®. FDA Registered Facility (Reg. #1023013) Mfg. under Good Manufacturing Practices (GMPs) Keep tightly closed. Store at room temperature: 59°-86°F (15° to 30°C).

Other ingredients: Vegetable cellulose, vegetable stearic acid, vegetable magnesium stearate.

Rev. #01

**DIRECTIONS:** As a dietary supplement, take 1 tablet daily.  
Mfg. by: **Dee Cee Laboratories Inc.**®, 304 Dee Cee Ct., White House, TN 37188

**Made in USA**