



Item #: NSI 3004508
SKU #: 835003004508
Count: 60 Capsules
Weight: 0.18 lb
Serving: 1 Capsule
Servings: 60
Potency: 600 mg

A powerful antioxidant that supports healthy heart function and cellular energy production.*

What is CoQ10?

Coenzyme Q10 (CoQ10) is a fat-soluble, vitamin-like compound found in every cell of the body. It's used by the mitochondria ("power plants") of cells to produce energy. CoQ10 is found in highest concentration in cells of organs that require large amounts of energy, such as the heart.

CoQ10 also functions as a powerful antioxidant.* Antioxidants help protect cells

VitaCost CoQ10 Directions

As a dietary supplement, take 1 capsule daily with food or as recommended by a physician.

Store in a cool, dry place.

Supplement Facts

Serving Size: 1 Capsule

Servings per Container: 60

	Amount Per Serving	% Daily Value
Coenzyme Q10 (ubiquinone) (naturally fermented)	600 mg	*

*Daily value not established.

Other Ingredients: Gelatin (capsule), magnesium stearate (vegetable source), silicon dioxide, dicalcium phosphate, croscarmellose sodium and calcium stearate.

Warnings

Pregnant or lactating women, diabetics, hypoglycemics, and people with known medical conditions and/or taking drugs should consult with a licensed physician and/or pharmacist prior to taking dietary supplements.