

B- COMPLEX

Supports Energy Metabolism and Nervous System Health

This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Dietary Supplement

60 SOFTGELS

Supplement Facts

rving Size 2 Softgels Servings Per Container 30

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Amount Per Serving % D	/ Amount Per Serving % DV
Calories10 Calories from Fat5	Pantothenic Acid 100 mg 1000%
otal Fat	Base Blend 600 mcg* Choline Bitartrate, Inositol,
fitamin B-620 mg 10009 folic Acid 400 mcg 10009 fitamin B-1260 mcg 10009	** Percentage Daily Values are based on a 2,000 calorie diet.

Ingredients: Thiamin mononitrate, niacinamide, pyridoxine hydrochloride, cyanocobalamin, calcium pantothenate, para-aminobenzoic acid, soybean oil, gelatin, veg. glycerin, soy lecithin, natural caramel color, silica. **Contains soy ingredients.** Rev. #05

DIRECTIONS: As a dietary supplement, take two (2) softgels daily, preferably with a meal.

TAMPER EVIDENT: Do not use this product if imprinted foil seal under cap is broken or missing.

Mfg. in an FDA Registered Facility using Good Manufacturing Practices (GMPs) Keep tightly closed. Store at

Keep tightly closed. Store at room temperature: 59°-86°F (15° to 30°C). KEEP OUT OF REACH OF CHILDREN.

CAUTION: If you are pregnant or nursing do not take this product. Conforms to USP <2091> for weight. Meets USP <2040> disintegration for maximum bioavailability.



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