**DIRECTIONS:** As a dietary supplement, take 1 capsule two times daily, morning and evening, preferably with a meal.

TAMPER EVIDENT: Do not use this product if imprinted foil seal under cap is broken or missing. Mfg. in an FDA Registered Facility using Good Manufacturing Practices (GMPs)

Keep tightly closed.

Store at room temperature: 59°-86°F (15° to 30°C).

KEEP OUT OF REACH OF CHILDREN.

Conforms to USP <2091> for weight. Meets USP <2040> disintegration for maximum bioavailability.

**CAUTION:** If you are pregnant or nursing do not take this product.

\* This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



Gluten Free #688 ®

Intrinsic Factor with Folate and Methyl B-12

Nutritionally Supports Enhanced
Absorption and Utilization of Vitamin B-12\*
Dietary Supplement 60 CAPSULES

## Supplement Facts Serving Size 1 Capsule

Amount Per Serving % DV

Folate......1336 mcg (DFE) ......334% (800 mcg folic acid)
Vitamin B-12......1000 mcg ...41,667%

(as methylcobalamin)

Other ingredients: Gelatin, vegetable cellulose, intrinsic factor, vegetable stearic acid.



Mfg. by: **Dee Cee Laboratories, Inc.** ® 304 Dee Cee Rd., White House, TN 37188 **Made in USA** Rev.05DV