

MSM, methylsulfonylmethane, is a vital, bioavailable dietary supplement of sulfur that is found in our living tissues. MSM is an end product of DMSO (Dimethyl Sulfoxide) and helps maintain healthy joints and cartilage.*

*** This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.**

Suitable for Vegetarians.

M. S. M. is a DMSO metabolite.

TAMPER EVIDENT: Do not use this product if imprinted foil seal under cap is broken or missing. Mfg. in an FDA Registered Facility using Good Manufacturing Practices (GMPs) Keep tightly closed.

Store at room temperature: 59°-86°F (15° to 30°C).

KEEP OUT OF REACH OF CHILDREN.

CAUTION: If you are pregnant or nursing do not take this product.

Rev. #01

Gluten Free

dc®

Quality®

OptiMSM™

#656

M. S. M. Powder

**Helps Maintain Healthy
Joints and Cartilage***
Dietary Supplement

Net Wt 4 oz (113 g)

Supplement Facts

Serving Size 1/2 Teaspoon

Servings Per Container 56

Amount Per Serving	
M. S. M.	2000 mg**
(as methylsulfonylmethane)	

**** Daily Value not established.**

1/2 teaspoon equals 2 grams (2000 mg).

DIRECTIONS: As a dietary supplement, take 1/2 teaspoon daily mixed with juice or other liquid.

Distributed by: **Dee Cee Laboratories, Inc.®**
304 Dee Cee Ct., White House, TN 37188

Made in USA