

SIMPLY RIGHT™ 
Wellness & Nutrition

mature multi

*Compare to Centrum® Silver®***

1 tablet daily for adults 50+
Antioxidant health*
Heart support*

400 TABLETS
Dietary Supplement



actual size

Amount Per Serving	% Daily Value	Amount Per Serving	% Daily Value	Amount Per Serving	% Daily Value
Vitamin A (as Retinyl Acetate and 40% as Beta-Carotene)	2,500 IU 50%	Pantothenic Acid (as d-Calcium Pantothenate)	10 mg 100%	Chloride (as Potassium Chloride)	72 mg 2%
Vitamin C (as Ascorbic Acid)	60 mg 100%	Calcium (as Calcium Carbonate and Dicalcium Phosphate)	220 mg 22%	Potassium (as Potassium Chloride)	80 mg 2%
Vitamin D (as Cholecalciferol)	500 IU 125%	Phosphorus (as Dicalcium Phosphate)	20 mg 2%	Boron (as Boric Acid and Sodium Borate)	150 mcg ****
Vitamin E (as dl-Alpha Tocopheryl Acetate)	50 IU 167%	Iodine (as Potassium Iodide)	150 mcg 100%	Nickel (as Nickel Sulfate)	5 mcg ****
Vitamin K (as Phytonadione)	30 mcg 38%	Magnesium (as Magnesium Oxide)	50 mg 13%	Silicon (as Silicon Dioxide)	2 mg ****
Thiamin (Vitamin B-1) (as Thiamin Mononitrate)	1.5 mg 100%	Zinc (as Zinc Oxide)	11 mg 73%	Vanadium (as Sodium Metavanadate)	10 mcg ****
Riboflavin (Vitamin B-2)	1.7 mg 100%	Selenium (as Sodium Selenate)	55 mcg 79%	Lutein	250 mcg ****
Niacin (as Nicotinamide)	20 mg 100%	Copper (as Cupric Sulfate)	0.5 mg 25%	Lycopene	300 mcg ****
Vitamin B-6 (as Pyridoxine Hydrochloride)	3 mg 150%	Manganese (as Manganese Sulfate)	2.3 mg 115%	**** Daily Value not established.	
Folic Acid	400 mcg 100%	Chromium (as Chromium Picolinate)	45 mcg 38%		
Vitamin B-12 (as Cyanocobalamin)	25 mcg 417%	Molybdenum (as Sodium Molybdate)	45 mcg 60%		
Biotin (as d-Biotin)	30 mcg 10%				