

swanson.com
or call 1-800-437-4148

- Produced only from Norwegian line-caught food-grade calamari (squid)
- Supports cognitive function and healthy brain development

Science-Backed Quality Since 1969

Suggested use: As a dietary supplement, take one softgel per day with a meal.

Calamarine® is a registered trademark of Pharma Marine.

WARNING: For adults only. Consult your healthcare provider before using this or any product if you are pregnant or nursing, taking medication, especially blood-thinning medication, or if you have a medical condition.

Keep out of reach of children. Do not use if seal is broken. Store in a cool, dry place. Do not refrigerate.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



Super DHA 500

Heart and Brain Health

500 mg per softgel

FROM FOOD-GRADE CALAMARI

DIETARY SUPPLEMENT | 30 SOFTGELS

Supplement Facts

Serving Size 1 Softgel

Amount Per Serving	% Daily Value
Calories.....	15
Total Fat.....	1.5 g.....2%
Cholesterol.....	5 mg.....2%
Calamarine® EE Marine Oil....	1.22 g.....*
Total Omega-3 Fatty Acids..	675 mg.....*
[as ethyl esters (EE)]	
DHA (docosahexaenoic acid)..	500 mg.....*
EPA (eicosapentaenoic acid)..	125 mg.....*
Other Omega-3 Fatty Acids..	50 mg.....*

Percent Daily Values are based on a 2,000 calorie diet.

*Daily Value not established.

Other ingredients: Gelatin, glycerin, purified (deionized) water, natural lemon flavor, proprietary antioxidant blend (rosemary extract, tocopherols, sunflower lecithin, ascorbyl palmitate).

Contains shellfish (squid).

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