

swanson.com
or call 1-800-437-4148

- Supports detoxification in the liver
 - Boosts antioxidant activity
 - Full Spectrum® whole seed formula
- Science-Backed Quality Since 1969

Suggested use: As a dietary supplement, take two capsules two to three times per day with water.

WARNING: For adults only. Consult your healthcare provider before using this or any product if you are pregnant or nursing, taking medication or have a medical condition.

Keep out of reach of children. Do not use if seal is broken. Store in a cool, dry place.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



Full Spectrum® Milk Thistle

Detoxification Support

500 mg per capsule

HERBAL SUPPLEMENT | 100 CAPSULES

Supplement Facts

Serving Size 2 Capsules
Servings Per Container 50

Amount Per Serving	
Milk Thistle (<i>Silybum marianum</i>) (seeds)	1 g*

*Daily Value not established.

Other ingredients: Rice flour, gelatin, magnesium stearate, silica.

DISTRIBUTED BY SWANSON HEALTH PRODUCTS
 Fargo, ND 58104 USA • 1-800-437-4148

Rev 3 10 12 20

