

MSM, methylsulfonylmethane, is a vital, bioavailable dietary supplement of sulfur that is found in our living tissues. MSM is an end product of DMSO (Dimethyl Sulfoxide) and helps maintain healthy joints and cartilage.\* M. S. M. is a DMSO metabolite.

\*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

**TAMPER EVIDENT:** Do not use this product if imprinted foil seal under cap is broken or missing.  
FDA Registered Facility (Reg. #1023013)  
Mfg. under Good Manufacturing Practices (GMPs)  
Keep tightly closed. Store at room temperature: 59°-86°F (15° to 30°C). **KEEP OUT OF REACH OF CHILDREN.** Conforms to USP <2091> for weight. Meets USP <2040> disintegration for maximum bio-availability. **CAUTION:** If you are pregnant or nursing do not take this product.

Gluten Free

dc<sup>®</sup>



OptiMSM<sup>™</sup> #534

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**M. S. M.**

**Helps Maintain Healthy Joints and Cartilage\***

Dietary Supplement  
Suitable for Vegetarian/Vegans

**60 VEG TABLETS**

## Supplement Facts

Serving Size 1 Vegetable Tablet

	Amount Per Serving
M. S. M. (as methylsulfonylmethane)	1000 mg **

\*\* Daily Value not established.

Other ingredients: Vegetable stearic acid, silica, vegetable cellulose, vegetable magnesium silicate, vegetable magnesium stearate.

**DIRECTIONS:** As a dietary supplement, take 1 vegetable tablet two times each day, morning and evening, preferably with a meal.

Manufactured by: **Dee Cee Laboratories, Inc.** ®  
304 Dee Cee Ct., White House, TN 37188

Made in USA

Rev. #02