

List No. 1796
L303
Cat. A455
5A007


Nature Made

MULTI

For Her 50+

MADE WITH **D3**



NO IRON

DIETARY SUPPLEMENT
90 TABLETS

**22 Key
Nutrients
to Support
50+ Women's
Health**

Enter Code for Wellness
Rewards Points at
www.NatureMade.com

Supplement Facts

Serving Size 1 tablet

Amount Per Tablet	% DV	Amount Per Tablet	% DV
Vitamin A 2500 IU	50%	Biotin 30 mcg	10%
60% as Beta Carotene		Pantothenic Acid 10 mg	100%
Vitamin C 180 mg	300%	Calcium 200 mg	30%
Vitamin D3 1000 IU	250%	Iodine 150 mcg	100%
Vitamin E 60 IU	200%	Magnesium 100 mg	25%
Vitamin K 80 mcg	100%	Zinc 15 mg	100%
Thiamin 1.5 mg	100%	Selenium 70 mcg	100%
Riboflavin 1.7 mg	100%	Copper 2 mg	100%
Niacin 20 mg	100%	Manganese 4 mg	200%
Vitamin B6 6 mg	300%	Chromium 120 mcg	100%
Folic Acid 400 mcg	100%	Molybdenum 75 mcg	100%
Vitamin B12 25 mcg	417%		
		Daily Value (DV)	

Distributed by:
Nature Made Nutritional Products
Mission Hills, CA 91346-9606, U.S.A.
1-800-276-2878 • www.NatureMade.com

No Artificial Colors • No Artificial Flavors
No Preservatives • No Yeast or Gluten

SUGGESTED USE: For best results, take one tablet daily with a meal. Keep bottle tightly closed. Store in a cool, dry place, out of reach of children.

Do not use if imprinted seal under cap is broken or missing.

INGREDIENTS: Calcium Carbonate, Cellulose Gel, Ascorbic Acid, Magnesium Oxide, Corn Starch, dl-Alpha Tocopheryl Acetate, Maltodextrin, Zinc Oxide, Croscarmellose Sodium, Niacinamide, Hydroxypropyl Methylcellulose, Manganese Sulfate, d-Calcium Pantothenate, Magnesium Stearate, Silicon Dioxide, Pyridoxine Hydrochloride, Cupric Sulfate, Thiamin Mononitrate, Riboflavin, Beta Carotene, Polyethylene Glycol, Chromium Chloride, Vitamin A Acetate, Folic Acid, Potassium Iodide, Sodium Molybdate, Sodium Selenate, Phylloquinone, Vitamin D3 (Cholecalciferol), Biotin, Cyanocobalamin, G4- and Water-soluble Vitamins with Minerals Tablets USP

USP has tested and verified ingredients, potency and manufacturing process. USP sets official standards for dietary supplements.

www.uspverified.org

Valid only for U.S. and Puerto Rico residents.

Lot:
Exp: