

swanson.com
or call 1-800-437-4148

- May help convert fat into energy
- Promotes lean muscle development
- Supports exercise recovery and performance

Science-Backed Quality Since 1969

Suggested use: As a dietary supplement, take one tablet per day with water one to two hours before a meal or as recommended by your healthcare provider.



NOTE: This hygroscopic material readily absorbs moisture. Store in original bottle. Keep lid tightly sealed.

WARNING: For adults only. Consult your healthcare provider before using this or any product if you are pregnant or nursing, taking medication or have a medical condition.

Keep out of reach of children. Do not use if seal is broken. Store in a cool, dry place.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



L-Carnitine

Fatty Acid Metabolism

500 mg per tablet

DIETARY SUPPLEMENT | 100 TABLETS

Supplement Facts

Serving Size 1 Tablet

Amount Per Serving		% Daily Value
Calcium	190 mg	15%
L-Carnitine Base	500 mg	*

*Daily Value not established.

Other ingredients: Calcium carbonate, microcrystalline cellulose (plant fiber), stearic acid, magnesium stearate, aqueous film-coating (purified water, hydroxypropyl methylcellulose, vegetable glycerin), silica.

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