Supplement Facts

Serving Size 1 Tablet

Amount Per Serving

SAMe (S-Adenosyl 400 mg* L-Methionine) (from 800 mg of S-adenosyl-L-methionine tosylate disulfate)

*Daily Value not established.

Other ingredients: Microcrystalline cellulose (plant fiber), stearic acid, magnesium stearate, magnesium oxide, silica, calcium oxide, coating (magnesium silicate, shellac, glycerol, arginine, sodium alginate).

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SUGGESTED USE: As a dietary supplement, take one tablet one to four times per day with water.

Enteric coated to enhance stability.

WARNING: For adults only. Consult your healthcare provider before use if you are pregnant or nursing, taking antidepressant medication or if you have bipolar disorder. Keep out of reach of children.

Do not use if seal is broken. Store in a cool, dry place.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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or call 1-800-437-4148

- Promotes
 emotional
 wellness, healthy
 mood and
 neurotransmitter
 production
- Supports healthy joint function
- Precursor to glutathione, a cellular antioxidant believed to be a "master nutrient" for longevity

Science-Backed Quality Since 1969





SAMe

Emotional Wellness and Joint Health

400 mg per tablet

HIGH POTENCY

DIETARY SUPPLEMENT | 30 TABLETS