

Multi For Her Liquid SoftGel



Supplement Facts	
Serving Size 1 softgel	
Amount Per Softgel	%Daily Value
Calories 10	
Calories from Fat 5	
Total Fat 1 g	2%*
Protein Less than 1g	
Vitamin A 2500 IU	50%
100% as Beta Carotene	
Vitamin C 60 mg	100%
Vitamin D3 1000 IU	250%
Vitamin E 50 IU	167%
Vitamin K 40 mcg	50%
Thiamin 1.5 mg	100%
Riboflavin 1.7 mg	100%
Niacin 20 mg	100%
Vitamin B6 2 mg	100%
Folic Acid 600 mcg	150%
Vitamin B12 6 mcg	100%
Biotin 30 mcg	10%
Pantothenic Acid 10 mg	100%
Calcium 100 mg	10%
Iron 18 mg	100%
Iodine 150 mcg	100%
Magnesium 40 mg	10%
Zinc 15 mg	100%
Selenium 20 mcg	29%
Copper 2 mg	100%
Manganese 4 mg	200%
Chromium 120 mcg	100%
Molybdenum 45 mcg	60%
* Percent Daily Values are based on a 2,000 calorie diet.	

Ingredients: Soybean Oil, Gelatin, Calcium Carbonate, Glycerin, Magnesium Oxide, Ascorbic Acid, Ferrous Fumarate, dl-Alpha Tocopheryl Acetate, Soy Lecithin, Yellow Beeswax, Water, Dibasic Calcium Phosphate, Niacinamide, Zinc Oxide, Rice Flour, Manganese Sulfate, d-Calcium Pantothenate, Selenium Yeast, Titanium Dioxide (artificial color), Thiamin Mononitrate, Pyridoxine Hydrochloride, Copper Oxide, Riboflavin, Beta Carotene, Yellow 6, Red 40, Folic Acid, Chromium Chloride, Potassium Iodide, Sodium Molybdate, Blue 1, Phylloquinone, Biotin, Vitamin D3 (Cholecalciferol), Cyanocobalamin.

Warning: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

No Artificial Flavors. No Preservatives. No Starch. No Gluten.