

SUGGESTED USE:

Ages 2+ can take 1 gummy per day or as recommended by a physician or healthcare professional.

KEEP OUT OF REACH OF CHILDREN

because of accidental overdose or choking.

All children 12 and under, pregnant & lactating women and seniors ages 65+ should always consult with a physician or healthcare professional before using any dietary supplement.

KEEP AWAY FROM DOGS

because this product contains Xylitol.

THIS PRODUCT IS FREE OF:

GMOs, Gelatin, Soy, Yeast, Wheat, Gluten,
Milk, Eggs, Peanuts, Tree Nuts, Fish and Shellfish.

Pectin sourced from citrus.

Vegan Vitamin D3 derived from Lichen.

Natural colors from annatto, black carrot and beta carotene.

CONTACT US

We love to hear from our customers.

Questions? Feedback?

Please feel free to call or email us!

WeCare@MaryRuthOrganics.com

(310) 955-1353

NON
GMO

GLUTEN
FREE

130 mcg**
(METHYLATED)
FOLATE
per 1 gummy



MARY RUTH'S®

KIDS MULTIVITAMIN GUMMIES

VEGAN

PECTIN
BASED

NO
GELATIN

SUGAR
FREE

Supplement Facts

Serving Size 1 Gummy
Servings Per Container 60

	Amount Per Serving (1 gummy)	% DV for Ages 2-3 yrs	% DV for Ages 4+ yrs
Calories	5		
Total Carbohydrate	1.5 g	1%**	<1%**
Vitamin A (as Vitamin A Palmitate)	390 mcg	130%	43%
Vitamin C (Ascorbic Acid)	10 mg	67%	11%
Vitamin D3 (as Cholecalciferol)	3 mcg (120 IU)	20%	15%
Vitamin E (as d-Alpha Tocopherol Acetate)	4 mg	67%	27%
Vitamin B6 (as Pyridoxine Hydrochloride)	0.5 mg	100%	26%
Folate (as Calcium L-5-Methyltetrahydrofolate)	130 mcg DFE	87%	33%
Vitamin B12 (as Methylcobalamin)	2.6 mcg	289%	108%
Biotin	30 mcg	375%	100%
Pantothenic Acid (as Calcium D-Pantothenate)	3 mg	150%	60%
Iodine (as Potassium Iodide)	21 mcg	23%	14%
Zinc (as Zinc Citrate)	1 mg	33%	9%
Sodium	5 mg	<1%	<1%
Choline (as Choline Bitartrate)	0.02 mg	<1%	<1%
Inositol	20 mcg	†	†

*Percent Daily Values (DV) are based on a 2000 calorie diet

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†Daily Value (DV) not established

Other Ingredients*: Organic Isomaltulose, Purified Water, Organic Erythritol, Xylitol, Pectin, Natural Flavor (Strawberry, Papaya, Super Punch), Citric Acid, Sodium Citrate, Black Carrot (for color), Annatto (for color), Beta Carotene (for color), Organic Stevia Leaf Extract, Organic Fruit Powder Blend (Strawberry, Raspberry, Blueberry, Tart Cherry, Pomegranate, Grandberry, Orange, Lemon), Organic Sunflower Oil.

*All ingredients are VEGAN and NON-GMO

Distributed by
Mary Ruth Organics LLC | Los Angeles, CA 90035
www.maryruthorganics.com

PRODUCT OF CANADA

Strawberry, Papaya
and Super Punch

Non-GMO Vegan Natural Flavors

A Dietary Supplement
60 Gummies

Please Recycle