



Gluten Free

#489

B50-KAPS™

B-COMPLEX

Dietary Supplement

60 CAPSULES

Supplement Facts

Serving Size 1 Capsule

| Amount Per Serving | % DV | Amount Per Serving | % DV |
|--|--------------------|---|---------------|
| Thiamin (as thiamin mononitrate) | 50 mg ... 3333% | Choline Bitartrate | 50 mg * |
| Riboflavin (vitamin B-2) | 50 mg ... 2941% | Inositol | 50 mg * |
| Niacin (as niacinamide) | 50 mg ... 250% | PABA | 50 mg * |
| Vitamin B-6 | 50 mg ... 2500% | (as para-aminobenzoic acid) | |
| (as pyridoxine hydrochloride) | | Proprietary Blend | 5 mg * |
| Folic Acid | 400 mcg 100% | (alfalfa leaf, watercress (aerial), parsley leaf, soy lecithin, rice bran) | |
| Vitamin B-12 (as cyanocobalamin) ... | 50 mcg 833% | | |
| Biotin (as d-biotin) | 50 mcg 17% | | |
| Pantothenic Acid (as calcium pantothenate) | 50 mg ... 500% | | |

* Daily Value not established.

TAMPER EVIDENT: Do not use this product if imprinted foil seal under cap is broken or missing. Keep tightly closed. Store at room temperature: 59°-86°F (15° to 30°C). Conforms to USP <2091> for weight. Meets USP <2040> disintegration for maximum bioavailability. **CAUTION:** If you are pregnant or nursing do not take this product.

KEEP OUT OF REACH OF CHILDREN.

Other ingredients: Gelatin, vegetable cellulose, vegetable magnesium stearate, silica.

DIRECTIONS: As a dietary supplement, take 1 to 2 capsules daily.

No artificial color or flavor, No preservatives, No sugar, No starch, No milk, No lactose, No gluten, No wheat, No yeast, No fish, sodium free.

Mfg. in an FDA Registered Facility using Good Manufacturing Practices (GMPs)



Dist by: **Dee Cee Laboratories, Inc.** ©,
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Made in USA