DIRECTIONS: As a dietary supplement, adults take one (1) vegetarian capsule daily with meals, or as directed by a health care professional.

Alpha lipoic acid is a metabolic antioxidant capable of providing protection against oxidative stress both inside and outside of cells, and is also involved in energy metabolism.†

Store in a cool dry place. Do not refri

KEEP OUT OF THE REACH OF CHILDREN. DO NOT USE IF SAFETY SEAL UNDER CAP IS BROKEN OR MISSING.

† These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.





Alpha Lipoic Acid

250 MG

Powerful Antioxidant[†]

Dietary Supplement

60 Vegetarian Caps

Supplement Facts

*Percentage Daily Value

 Serving Size: 1 Vegetarian Capsule
 Servings Per Container: 60

 Amount Per Serving
 % DV*

 Alpha Lipoic Acid
 250 mg

**Daily Value not established

OTHER INGREDIENTS: Cellulose, water (vegetarian capsules), cellulose, silica and magnesium stearate.

CONTAINS NO: Sugar, salt, dairy, yeast, wheat, gluten, soy, corn, preservatives, artificial colors or flavors.

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